

## 2008 Aberdare 10k

GunPos	GunTime	RaceNo	ChipPos	ChipTime	Firstname	Lastname	Gender	Cat
1	00:32:52	180	1	00:32:52	Paul	Griffiths	M	
2	00:36:09	209	2	00:36:08	Kieron	MacKintosh	M	
3	00:36:19	173	3	00:36:18	David	Hodgins	M	
4	00:36:26	191	4	00:36:26	Paul	Reynolds	M	
5	00:37:13	19	5	00:37:11	Matthew	Jacklin	M	
6	00:37:21	211	6	00:37:20	Jerome	Evans	M	
7	00:37:30	218	7	00:37:28	Kelvin	Jones	M	45
8	00:37:58	192	8	00:37:57	Adrian	Weaver	M	
9	00:38:19	207	9	00:38:18	Richard	Lewis	M	
10	00:38:33	194	10	00:38:31	Darren	Morgan	M	40
11	00:38:48	203	11	00:38:38	Leigh	Hiscox	M	
12	00:38:52	21	12	00:38:50	Robert	Evans	M	45
13	00:38:57	222	13	00:38:54	Richie	Bristow	M	40
14	00:39:04	232	14	00:39:04	Alex	Williams	M	40
15	00:39:06	187	15	00:39:04	Paul	Price	M	
16	00:39:08	30	16	00:39:05	Stephen	Jenkins	M	
17	00:39:27	33	17	00:39:25	Robert	Oliver	M	40
18	00:39:42	231	19	00:39:41	Clare	Phillips	F	35
19	00:39:45	208	18	00:39:39	Gareth	Jehu	M	
20	00:40:08	117	20	00:39:58	Gareth	Price	M	40
21	00:40:23	227	21	00:40:20	Graham	Barlow	M	50
22	00:40:32	76	23	00:40:28	Andrew	Price	M	
23	00:40:38	215	24	00:40:36	Andrew	Russell	M	
24	00:40:39	115	22	00:40:27	Nick	Johnson	M	
25	00:40:43	105	25	00:40:38	Nick	Bayliss	M	
26	00:40:45	136	26	00:40:40	Gareth	Snook	M	
27	00:40:45	140	27	00:40:42	Lyn	Richards	M	40
28	00:41:02	171	28	00:40:53	Ian	Clarke	M	40
29	00:41:08	185	29	00:41:04	Darren	Stevens	M	
30	00:41:11	20	31	00:41:10	Phil	Protheroe	M	
31	00:41:16	17	32	00:41:14	Darren	Williams	M	
32	00:41:17	189	30	00:41:06	Sean	Davey	M	
33	00:41:29	219	33	00:41:24	John	Rogers	M	40
34	00:41:51	200	34	00:41:43	Paul	Cable	M	40
35	00:41:52	78	36	00:41:48	Damian	Caswell	M	
36	00:41:57	114	35	00:41:48	Paul	Figgins	M	40
37	00:41:58	199	37	00:41:50	Gareth	Evans	M	40
38	00:42:02	214	38	00:42:00	Stephen	Alexander	M	40
39	00:42:09	92	39	00:42:03	Paul	Rees	M	
40	00:42:19	201	40	00:42:15	Gary	Cleaves	M	45
41	00:42:22	212	41	00:42:16	Andy	Davies	M	45
42	00:42:27	5	43	00:42:25	Paul	Monger	M	
43	00:42:33	228	42	00:42:24	Stephen	Bendle	M	40
44	00:42:58	52	44	00:42:58	Adam	Kemble	M	
45	00:43:02	176	46	00:43:01	Lee	Walters	M	
46	00:43:02	177	45	00:42:58	David	Evans	M	45
47	00:43:11	145	47	00:43:11	Stuart	Davidson	M	55
48	00:43:23	204	49	00:43:19	Andrew	Morris	M	
49	00:43:23	18	48	00:43:18	Stephen	Trapnell	M	50
50	00:43:24	202	50	00:43:19	Mark	Beard	M	40
51	00:43:34	15	51	00:43:34	Michael	Williams	M	45
52	00:43:36	56	52	00:43:36	Robert	Ford	M	55
53	00:43:52	160	53	00:43:39	Ben	Adams	M	
54	00:43:53	223	54	00:43:47	Richard	Jones	M	45
55	00:44:01	77	59	00:43:57	Daniel	Morgan	M	50
56	00:44:01	149	58	00:43:56	Peter	Carlick	M	
57	00:44:05	89	55	00:43:54	Neil	Davies	M	
58	00:44:05	229	61	00:44:02	Wayne	Cross	M	40
59	00:44:06	120	60	00:44:01	Clive	Denton	M	40
60	00:44:07	27	56	00:43:56	Anthony	Thomas	M	
61	00:44:08	59	57	00:43:56	Richard	Day	M	40
62	00:44:24	226	62	00:44:19	Neil	Williams	M	45
63	00:44:26	25	63	00:44:25	Nicola	Damen	F	35
64	00:44:35	139	64	00:44:31	Amy	Edwards	F	
65	00:44:46	26	65	00:44:42	Mark	Williams	M	
66	00:45:15	196	66	00:45:08	Clare	Lloyd	F	
67	00:45:17	37	67	00:45:15	Bethan	Wilcox	F	
68	00:45:18	165	68	00:45:16	Michelle	Shorney	F	
69	00:45:30	22	69	00:45:26	Louise	Evans	F	40
70	00:45:42	225	70	00:45:32	Matt	Norman	M	40
71	00:45:44	8	71	00:45:38	Kevin	Taylor	M	40
72	00:45:56	170	72	00:45:47	Darren	Gwynne-Hamer	M	
73	00:46:02	230	74	00:45:52	Jonathan	Miles	M	
74	00:46:02	80	73	00:45:49	Ian	Davies	M	45
75	00:46:24	63	75	00:46:14	Sarah	Pocock	F	
76	00:46:35	193	76	00:46:32	Wendy	Owen	F	35
77	00:46:39	55	77	00:46:35	Mat	Gilliard	M	
78	00:46:47	131	78	00:46:40	John	Martin	M	50
79	00:46:54	7	79	00:46:48	Lisa	Phipps	F	35
80	00:46:58	233	81	00:46:56	Neil	Watkins	M	
81	00:46:59	113	80	00:46:50	M	John	F	35
82	00:47:03	23	82	00:47:01	Adrian	Langley	M	
83	00:47:22	142	83	00:47:10	Sarah	Gibby	F	
84	00:47:35	90	84	00:47:20	Jeffrey	Harvey	M	
85	00:47:42	137	85	00:47:32	Liam	O'Brien	M	
86	00:47:45	70	86	00:47:34	Nick	John	M	40
87	00:47:48	153	87	00:47:38	Julie	Owen	F	
88	00:48:02	87	88	00:47:48	Kevin	John	M	
89	00:48:02	84	89	00:47:56	Kerion	Llewellyn	M	
90	00:48:29	125	91	00:48:23	Gareth	Edwards	M	50
91	00:48:30	156	92	00:48:24	Paul	Gillard	M	45

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GunPos	GunTime	RaceNo	ChipPos	ChipTime	Firstname	Lastname	Gender	Cat
92	00:48:33	39	90	00:48:22	Michael	O'Shea	M	45
93	00:48:34	163	93	00:48:31	Alyn	Tomkinson	M	
94	00:48:39	155	94	00:48:36	Steve	Jones	M	
95	00:48:59	43	95	00:48:46	Leigh	Tomlins	M	40
96	00:49:02	57	96	00:49:01	Deborah	Hope	F	40
97	00:49:23	184	98	00:49:14	Bernard	Stevens	M	
98	00:49:23	164	97	00:49:09	Mark	Potter	M	
99	00:49:39	86	99	00:49:32	Darron	Rees	M	40
100	00:49:53	51	100	00:49:43	Theresa	Kemble	F	35
101	00:50:02	213	103	00:49:59	Maria	Waygood	F	35
102	00:50:07	179	101	00:49:55	Simon	Jenkins	M	45
103	00:50:09	98	102	00:49:58	Gareth	Jones	M	45
104	00:50:21	34	104	00:50:10	Richard	Lloyd	M	
105	00:50:26	123	106	00:50:16	Rhianydd	Gardner	F	35
106	00:50:26	58	105	00:50:14	Andrew	Timms	M	
107	00:50:35	172	107	00:50:21	Ben	Wilson	M	
108	00:50:49	36	109	00:50:45	Kevin	Whitcombe	M	
109	00:50:56	217	110	00:50:45	Darrell	Morgan	M	40
110	00:50:56	3	108	00:50:41	Kerry	Rogers	M	40
111	00:51:13	210	111	00:51:10	David	Rowlands	M	40
112	00:51:21	95	112	00:51:12	Stewart	Pugh	M	45
113	00:51:21	151	113	00:51:12	Michael	Isaac	M	45
114	00:51:23	198	114	00:51:15	Gareth	Holyfield	M	45
115	00:51:45	75	116	00:51:40	Brian	Morgan	M	60
116	00:51:47	143	118	00:51:42	Lloyd	Picton	M	
117	00:51:47	134	115	00:51:36	Dewi	Morgan	M	
118	00:51:47	81	117	00:51:42	Liam	Orford	M	40
119	00:51:51	206	119	00:51:47	K	Paroel	M	50
120	00:52:01	108	120	00:51:53	Trefor John	Williams	M	45
121	00:52:10	138	121	00:52:05	James	Towers	M	
122	00:52:25	102	122	00:52:14	Carwyn	Watkins	M	
123	00:52:28	162	125	00:52:24	Ryan	Tomkinson	M	
124	00:52:29	107	123	00:52:21	Alison	Williams	F	35
125	00:52:30	112	124	00:52:24	Hannah	Fraser	F	
126	00:52:35	148	126	00:52:28	Rebecca	Jenkins	F	
127	00:52:43	82	127	00:52:36	Shirley	Mathurin	F	
128	00:52:56	74	128	00:52:43	Colin	Gardner	M	
129	00:53:02	119	129	00:52:54	Sian	Brown	F	50
130	00:53:23	116	130	00:53:15	Karen	Chadwell	F	
131	00:53:29	146	131	00:53:17	Rhodri	Rees	M	
132	00:53:34	190	132	00:53:29	Arthur	Phillips	M	70
133	00:53:40	72	133	00:53:34	Graham	Singer	M	
134	00:53:47	103	134	00:53:36	Jason	Morrissey	M	40
135	00:53:55	216	135	00:53:45	Terryl	Morgan	F	45
136	00:54:03	205	140	00:53:59	Michael	Nash	M	40
137	00:54:05	64	136	00:53:56	Philip	Stone	M	
138	00:54:11	44	138	00:53:58	Ceri	Davies	F	
139	00:54:12	182	137	00:53:57	Karene	Jones	F	
140	00:54:13	93	139	00:53:59	Edward	Savage	M	45
141	00:54:16	188	141	00:54:09	Catherine	Llewellyn	F	
142	00:54:35	141	142	00:54:29	Andy	Sutton	M	
143	00:54:38	110	143	00:54:30	Anne	Roberts	F	50
144	00:54:49	100	144	00:54:37	Mark	Owen	M	
145	00:54:51	183	145	00:54:37	Sandra	Stevens	F	
146	00:55:01	50	146	00:54:45	Beverly	McCarthy	F	45
147	00:55:04	49	147	00:54:48	David	McCarthy	M	40
148	00:55:29	132	149	00:55:23	Clive	Evans	M	65
149	00:55:31	181	150	00:55:28	Lynda	Williams	F	
150	00:55:31	67	148	00:55:23	Claire	Ricketts	F	
151	00:55:44	133	151	00:55:32	Angela	Champion	F	
152	00:55:44	73	152	00:55:44	Rachel	Woolley	F	
153	00:56:04	154	153	00:56:00	Lee	Berry	M	
154	00:56:15	174	154	00:56:13	David	Davies	M	
155	00:56:40	157	155	00:56:27	Andrew	Jones	M	40
156	00:57:04	85	156	00:56:57	Martin	Lane	M	
157	00:57:18	186	157	00:57:10	Beth	Murphy	F	35
158	00:57:27	195	158	00:57:13	Sian	Pryse	F	35
159	00:57:50	68	159	00:57:41	Claire	Jones	F	
160	00:57:55	41	160	00:57:51	Clive	Rowe	M	
161	00:58:12	83	161	00:58:06	Christopher	Owens	M	
162	00:58:17	121	162	00:58:10	Nicola	Poole	F	
163	00:59:39	91	165	00:59:32	Karen	Davies	F	
164	00:59:39	66	163	00:59:24	Garry	Aldridge	M	
165	00:59:39	96	164	00:59:25	Kathryn	Fishlock	F	
166	01:00:19	122	166	01:00:12	Menna	Hallett	F	
167	01:00:37	101	167	01:00:26	Daniel	Field	M	
168	01:00:57	168	168	01:00:48	Sian	Davies	F	
169	01:00:57	47	169	01:00:48	Leah	Davies	F	
170	01:01:22	144	170	01:01:09	Patricia	Davidson	F	50
171	01:01:23	104	171	01:01:10	Mike	Woods	M	40
172	01:01:59	62	173	01:01:59	Cheryl	Richards	F	45
173	01:02:05	40	172	01:01:52	Anita	Howells	F	60
174	01:02:26	2	174	01:02:18	Paula	James	F	35
175	01:03:42	124	175	01:03:33	Helen	Davies	F	45
176	01:03:58	197	176	01:03:52	Dave	Evans	M	40
177	01:04:39	32	178	01:04:25	Donna	Makin	F	40
178	01:04:39	28	177	01:04:25	Rhian	Griffiths	F	
179	01:05:45	169	179	01:05:37	Maria	Berrett	F	
180	01:06:33	224	180	01:06:25	Jason	Berrett	M	
181	01:07:02	13	181	01:06:51	Elsbeth	Wynn	F	50