

### Borth beach 10Km Race 3 August 2008

| <b>Position</b> | <b>Name</b>              | <b>Club</b>          | <b>Time</b> | <b>M/F</b> | <b>Cat</b> |
|-----------------|--------------------------|----------------------|-------------|------------|------------|
| 1               | Mikey Baley              | U/A                  | 40.14       | M          | Senior     |
| 2               | Norman Biggs             | U/A                  | 40.18       | M          | Senior     |
| 3               | Gethin Holland           | Aberystwyth AC       | 40.43       | M          | Senior     |
| 4               | Jac Morris               | U/A                  | 41.03       | M          | Senior     |
| 5               | Adam Grew                | U/A                  | 41.41       | M          | Senior     |
| 6               | Mark Zitting             | Evesham Vale         | 42.29       | M          | Senior     |
| 7               | Tristan Price            | U/A                  | 42.38       | M          | Senior     |
| 8               | Joseph Hubbard           | Fletchley & Kibworth | 43.11       | M          | Senior     |
| 9               | Graham Garlick           | Leamington AC        | 43.24       | M          | V/40       |
| 10              | Adam Smith               | Cardiff Harlequins   | 43.27       | M          | Senior     |
| 11              | Peter Walters            | TROTS                | 43.30       | M          | V/40       |
| 12              | Shelley Childs           | Aberystwyth AC       | 43.58       | M          | Senior     |
| 13              | Louise Barker            | Aberystwyth AC       | 44.01       | F          | Senior     |
| 14              | Ravi Hensman             | Manchester Uni       | 44.13       | M          | Senior     |
| 15              | Nic Pugh                 | U/A                  | 44.18       | M          | Senior     |
| 16              | Marianne Hensman         | Bournville           | 44.40       | F          | Senior     |
| 17              | Clive Evans              | Aberystwyth AC       | 44.50       | M          | V/60       |
| 18              | Mark Steiler             | Aberystwyth AC       | 45.34       | M          | V/40       |
| 19              | Ricky Francis            | U/A                  | 45.41       | M          | Senior     |
| 20              | Sion Williams            | U/A                  | 45.57       | M          | Senior     |
| 21              | Frankie Vaughan          | Merrionydd RC        | 46.13       | M          | V/50       |
| 22              | Colin Broomfield         | U/A                  | 46.50       | M          | V/40       |
| 23              | Mark Lankester           | Felxtowe Runners     | 46.52       | M          | V/40       |
| 24              | John Evans               | Aberystwyth AC       | 47.04       | M          | V/60       |
| 25              | Simon Levy               | Bank of England      | 47.06       | M          | V/40       |
| 26              | Robert Spotswood         | Abergele Harriers    | 47.40       | M          | V/50       |
| 27              | Tina Edwards             | U/A                  | 47.53       | F          | V/35       |
| 28              | Deb Sault                | U/A                  | 48.15       | F          | V/35       |
| 29              | Adriano Evola            | Aberystwyth AC       | 48.28       | M          | V/40       |
| 30              | Matt Curtis              | U/A                  | 48.57       | M          | Senior     |
| 31              | Dafydd Llewelyn apDaniel | U/A                  | 49.03       | M          | V/40       |
| 32              | Clive Williams           | Aberystwyth AC       | 49.12       | M          | V/50       |
| 33              | Dai Roberts              | U/A                  | 49.38       | M          | V/40       |
| 34              | Paul Edwards             | U/A                  | 49.53       | M          | Senior     |
| 35              | Anita Worthing           | Aberystwyth AC       | 50.22       | F          | V/45       |
| 36              | David Breakwell          | U/A                  | 50.42       | M          | V/40       |
| 37              | Chris Belton             | U/A                  | 50.42       | M          | Senior     |

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|    |                    |                |       |   |        |
|----|--------------------|----------------|-------|---|--------|
| 38 | ?                  |                | 51.22 |   |        |
| 39 | Helen Williams     | Aberystwyth AC | 52.35 | F | V/45   |
| 40 | Nigel Morrison     | U/A            | 54.08 | M | Senior |
| 41 | Matthew Robinson   | U/A            | 54.38 | M | Senior |
| 42 | Lee Walker         | Stourbridge    | 55.12 | M | V/40   |
| 43 | Tina Edwards       | U/A            | 55.22 | F | V/35   |
| 44 | Debbie Nash        | Aberystwyth AC | 55.26 | F | Senior |
| 45 | Daniel Cox         | U/A            | 56.05 | M | Senior |
| 46 | Mike Powell        | U/A            | 56.24 | M | V/60   |
| 47 | Peter Williams     | U/A            | 56.55 | M | V/40   |
| 48 | Helen Stretch      | Aberystwyth AC | 57.24 | F | V/55   |
| 49 | Menna Stevens      | Aberystwyth AC | 58.21 | F | Senior |
| 50 | Julie Cox          | U/A            | 59.25 | F | V/35   |
| 51 | Dave Robson        | Elvet Striders | 60.17 | M | V/50   |
| 52 | Glen Robson        | U/A            | 60.17 | M | Senior |
| 53 | Shan Breese        | Aberystwyth AC | 60.31 | F | V/45   |
| 54 | Louise Jones       | U/A            | 60.39 | F | V/35   |
| 55 | Dudley Murfin      | U/A            | 60.55 | M | V/60   |
| 56 | Nikola Sutton      | U/A            | 61.15 | F | Senior |
| 57 | Marjorie Griffiths | Bro Dysynni    | 63.34 | F | V/55   |
| 58 | Rebecca Breakwell  | U/A            | 65.22 | F | Senior |
| 59 | Rachel Williams    | U/A            | 66.38 | F | Senior |
| 60 | John Goodger       | U/A            | 71.12 | M | V/60   |
| 61 | Bobi Goodger       | U/A            | 74.10 | F | Senior |
| 62 | Sarah Davies       | U/A            | 74.38 | F | V/45   |
| 63 | Jean Williams      | U/A            | 78.18 | F | V/55   |
| 64 | Emma Morgans       | U/A            | 78.18 | F | V/35   |
| 65 | Trudi Jansen       | U/A            | 95.10 | F | V/50   |