

Felinfach Race 2006 - 6 Miles

| Position | Name | Club | Class | Time |
|----------|-------------------|------------------------|-------|-------|
| 1 | Felipe Jones Diaz | Aberystwyth A C | OM | 31.34 |
| 2 | Philip Kendrick | Brecon A C | M40 | 32.44 |
| 3 | Les Hewitson | Ingli Runners | M40 | 33.39 |
| 4 | Paul Bowen | 3 M Gorseinon | OM | 34.05 |
| 5 | Carwyn Thomas | Sarn Helen | OM | 34.37 |
| 6 | Glyn Price | Sarn Helen | OM | 34.55 |
| 7 | Keegan Galleymore | Sarn Helen | OM | 35.13 |
| 8 | Michael Davies | U.W.A Harriers | OM | 35.16 |
| 9 | Irfon Thomas | Sarn Helen | OM | 36.05 |
| 10 | Roger Coombs | Trots | M40 | 36.21 |
| 11 | Clifford Evans | Aberystwyth University | M40 | 36.37 |
| 12 | Richard Marks | Sarn Helen | M50 | 36.46 |
| 13 | Ann Thomas | Trots | F35 | 36.52 |
| 14 | Dave Griffiths | Trots | M40 | 37.06 |
| 15 | Huw Price | Sarn Helen | M40 | 37.33 |
| 16 | John Sinnett | Pembs Harriers | M40 | 37.37 |
| 17 | Gordon Orme | Cardigan A C | M50 | 38.00 |
| 18 | Martin Davies | Trots | OM | 38.16 |
| 19 | Huw Rowcliffe | Sarn Helen | OM | 38.26 |
| 20 | Gareth Elliott | Pembs Harriers | OM | 38.28 |
| 21 | Peter Davies | Sarn Helen | M50 | 38.37 |
| 22 | Kat Driver | Pembs Harriers | OF | 39.32 |
| 23 | Dylan Davies | Sarn Helen | OM | 39.50 |
| 24 | Mark Dunscombe | Sarn Helen | M40 | 39.57 |
| 25 | Tasha Sexton | Ingli Runners | OF | 39.59 |
| 26 | Jamie Thomas | Sarn Helen | OM | 40.09 |
| 27 | Haydn Lloyd | Sarn Helen | OM | 40.13 |
| 28 | Shan Roberts | Ingli Runners | F35 | 40.19 |
| 29 | Richard Morgan | None | M40 | 40.23 |
| 30 | Lynn Green | Ingli Runners | F45 | 40.50 |
| 31 | John Evans | Aberystwyth A C | M50 | 41.23 |
| 32 | Liam Bowden | Pembs Harriers | OM | 41.29 |
| 33 | Caroline John | Sarn Helen | F35 | 41.37 |
| 34 | Carys Davies | Sarn Helen | OF | 41.59 |
| 35 | Jez Lovekin | None | M50 | 42.18 |
| 36 | Kelvin Evans | None | OM | 42.41 |
| 37 | Adriano Evola | Aberystwyth A C | M40 | 42.41 |

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|----|---------------------|------------------------|-----|-------|
| 38 | Denis Collins | Rhondda Valley Runners | M40 | 43.07 |
| 39 | Lindi Einon | Trots | F45 | 43.10 |
| 40 | Jane Buck | Cardigan A C | F35 | 43.13 |
| 41 | Jason Wilkins | Cardigan A C | M40 | 43.37 |
| 42 | Chris Sexton | Ingli Runners | M40 | 44.05 |
| 43 | Gareth Jones | Sarn Helen | M40 | 44.16 |
| 44 | E. Bateman | Pembs Harriers | M40 | 44.22 |
| 45 | Gethin Jenkins | Sarn Helen | OM | 45.02 |
| 46 | Hilary McCarthy | Cardigan A C | F35 | 45.10 |
| 47 | Ann Rowell | Trots | F45 | 45.33 |
| 48 | David Andrew Edgell | Sarn Helen | OM | 45.42 |
| 49 | Mathew Thomas | None | OM | 46.01 |
| 50 | David Thomas | Sarn Helen | M40 | 46.25 |
| 51 | Martin Williams | None | M40 | 47.05 |
| 51 | Brian Healey | Cardigan A C | M50 | 47.35 |
| 53 | Daniel Bird | None | OM | 47.50 |
| 54 | Janet Jones | Sarn Helen | F35 | 47.58 |
| 55 | Tony George | Cardigan A C | M40 | 48.15 |
| 56 | Sue Lloyd | Pembs Harriers | F35 | 49.00 |
| 57 | Helen Williams | Trots | F45 | 52.25 |
| 58 | Pauline Charlett | Pembs Harriers | F35 | 53.35 |
| 59 | Caron Mckee Hands | None | F35 | 54.33 |
| 60 | Stanley Griffiths | None | M50 | 54.33 |
| 61 | Barbara Thomas | Pembs Harriers | F45 | 57.28 |
| 62 | Menna Lewis | None | OF | 58.00 |
| 63 | Jan Bell | Pembs Harriers | F45 | 59.30 |
| 64 | Bob Elliott | None | M50 | 61.02 |
| 65 | John Bowden | None | M50 | 61.08 |
| 66 | Rachel Bailey | None | OF | 63.03 |
| 67 | Alison Kinsey | None | F45 | 63.03 |
| 68 | David Willis | None | OM | 63.03 |
| 69 | Allen Watts | Sarn Helen | M50 | 70.45 |

1st TEAM - SARN HELEN

Carwyn Thomas

Glyn Price

Keegan Galleymore

Irfon Thomas

