

21st Pentyrch Hill Race

Held on 24th April 2007

21st Pentyrch Hill Race

Held on Tuesday, April 24th, 2007

Pos	No	Time	Name	Club	AgeG	
1	113	43.33	Andrew Hunt	Cardiff AAC	SM	
2	115	45.07	Daniel Gurmin	Swansea H	SM	
3	187	46.18	Stan Charles	unattached	SM	
4	124	46.39	Rowan Axe	Cardiff AAC	M20	
5	157	47.49	Alun Wood	Bridgend	SM	
6	186	48.01	Jason Scanlon	Pontypridd Roadents	M35	
7	179	48.09	Peter Coles	Pontypridd Roadents	M40	
8	131	49.13	Nick Frost	Pontypridd Roadents	M45	
9	193	49.42	Rob Jones	Les Croupiers	M45	
10	165	49.58	Justin Rowley	Clevedon	SM	
11	166	50.05	Jason Rowley	Clevedon	SM	
12	203	51.14	Adrian Woods	M D C	M45	
13	190	51.29	Keith Davies	Les Croupiers	M35	
14	156	51.38	Ruth Pickvance	Les Croupiers	W45	
15	163	52.34	Richard Jones	unattached	SM	
16	201	52.45	Mark Saunders	MDC	M45	
17	145	52.49	Mick Tabor	Les Croupiers	M50	
18	202	53.22	Matthew Franklin	Worthing H	SM	
19	130	54.23	Andrew Baker	Pontypridd Roadents	M40	
20	118	54.25	Bryn Griffiths	unattached	SM	
21	105	54.5	Ron Morris	San Domenico	M55	
22	155	55.08	Richard Self	Les Croupiers	M40	
23	181	55.14	Haydn Hartnell	Islwyn	M40	
24	138	56.13	Alan Gillard	Cardiff Harlequins	M40	
25	176	56.27	Rhys Williams	MDC	SM	
26	173	56.29	Ian McDonald	San Domenico	M40	
27	148	57.03	John Diffey	Les Croupiers	M40	
28	199	57.06	Laura Jackson	unattached	SW	
29	127	57.08	Leigh Searle	unattached	SM	
30	106	57.1	John Shanahan	unattached	M50	1
31	160	57.16	Phil Holder	Cardiff Harlequins	M45	
32	143	57.19	Adrian Weaver	Port Talbot	SM	
33	152	57.34	Gwyn Lloyd	Pontypridd Roadents	M50	
34	112	57:56	Clive Osmond	Les Croupiers	M45	
35	135	58.02	Alun Williams	Fairwater R	M40	
36	150	58.04	Alan Stone	MDC	M45	
37	126	58.14	Gareth Griffiths	MDC	M40	
38	188	58.2	Owen Williams	unattached	M20	
39	109	58.29	Matt Hopkins	Les Croupiers	SM	
40	191	58.31	Jonathan Williams	Fairwater R	M35	
41	167	58.44	Gareth Griffiths	unattached	SM	
42	162	59.21	Martin Lucas	MDC	M50	
43	184	59.33	David Stubbs	unattached	M45	
44	175	59.37	Shane Davies	Pontypridd Roadents	M40	
45	192	59.39	Howard Kent	Les Croupiers	M50	
46	158	59.46	Stephen Jones	Islwyn	M45	
47	107	59.53	Tim Jones	Carditt Tri	SM	
48	123	59.54	Nick Dallimore	Les Croupiers	M50	
49	106	60.01	John Shanahan	unattached	M50	2
50		60.07	Unknown Athlete	unattached		
51		60.16	Unknown Athlete	unattached		
52	103	60.45	Ray Davies	Pontypridd Roadents	M45	

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53	128	60.5	Mike Smith	unattached	M35
54	194	60.53	William David	Les Croupiers	M35
55	151	60.56	Mike Pedley	Dark Peak	M45
56	140	61	Eurof Davies	Les Croupiers	M40
57	137	61.01	John Collins	Swansea H	M65
58	159	61.04	Mandy Jones	Islwyn	W45
59	198	61.04	Kerry Price	Islwyn	M45
60	108	61.1	Peter Burne	MDC	SM
61	146	61.24	Richard Boon	Les Croupiers	M45
62	134	61.28	Graeme Doonan	Les Croupiers	M50
63	182	61.32	Richard Bristow	South Wales Police	M40
64	149	61.36	Haydn Griffiths	MDC	M45
65	153	61.42	Vicky Coopey	Pontypridd Roadents	SW
66	104	61.53	John Griffiths	Cardiff Harlequins	M50
67	129	62.01	Steve Robst	unattached	M35
68	168	62.03	Julie Scholey	Les Croupiers	W45
69	114	62.09	Deb Green	Les Croupiers	SW
70	195	62.4	Jamie Seekings	Penarth & Dinas	SM
71	161	63.05	Alice Bedwell	MDC	W45
72	183	63.08	Kevin Russell	South Wales Police	M45
73	174	63.42	Anne Follan	Pontypridd Roadents	W35
74	147	63.44	Wendy Boon	Les Croupiers	W45
75	102	63.54	Andrew Dunscom	Brackla	M40
76	196	64.04	Alan Mason	Les Croupiers	M45
77	154	65.46	Martin Whitehead	Calder Valley FR	M50
78	180	66.26	Peter Morfey	Cardiff Harlequins	M50
79	139	66.32	Dewi Hughes	unattached	M50
80	122	66.44	Caroline Dallimore	Les Croupiers	W50
81	125	67.51	Lloyd Morgan	San Domenico	SM
82	185	68.22	Peter Maksimovic	unattached	M45
83	132	68.25	Andrew Whelan	unattached	M35
84	169	69.18	Kim Williams	Cardiff Harlequins	M50
85	111	70.16	Dave Gilbert	MDC	M55
86	141	70.2	Andrew Collier	unattached	SM
87	144	70.34	Paul Dawes	San Domenico	M40
88	116	70.36	Neil Coleman	unattached	M40
89	121	70.59	Richard Lawrence	unattached	M50
90	172	71.04	Kevin Emery	Pontypridd Roadents	M45
91	117	71.13	Jason Holloway	unattached	M35
92	136	72.07	Robin Powell	unattached	SM
93	119	72.08	Mark Hawtin	unattached	SM
94	189	74.54	Rod Jones	Les Croupiers	M60
95	170	75.02	John Watkin	Cardiff Harlequins	M55
96	178	76.14	Peter Howell	unattached	M40
97	120	76.2	Sue Lawrence	unattached	W45
98	177	76.37	Gwilym Beech	unattached	M40
99	110	76.47	Cled Jones	Les Croupiers	M65
100	133	80.12	Robert Boulton	unattached	M45
101	171	80.26	Arny Williams	Cardiff Harlequins	M55
102	164	81.12	Roger Howell	Penarth & Dinas	M60
103	101	86.27	Steve White	unattached	M40
104	200	86.27	Helen Davies	unattached	SW

Athletes not accounted for:

142	Mike Smith	unatt	M45
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197	Neil Parker	Islwyn	SM
205	Paul Monger	unatt	M35

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43:33:00

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