

Port Talbot – Hilly 4.8m – 29th Sept 2011

Men

- 1.Gareth Ayres 29.07
- 2.Chris Fulcher 29.51
- 3.Andrew Reynolds 30.28
- 4.Nigel Barnes 31.23
- 5.Paul Rees 32.14
- 6.Chris Lewis 33.39
- 7.Paul Jelley 34.08
- 8.Mario Rabaiotti 37.37
- 9.Neil Marvin 38.30
- 10.John Hopkins 38.52
- 11.Alan Perkins 39.53
- 12.John Ayres 41.09
- 13.Ray James 42.24
- 14.Darren Vaughan 44.20
- 15.Ian Swanson 47.19
- 16.Tony Holling 47.54

Ladies

- 1.Sandra Pinkham 34.35
- 2.Michelle Grey 35.38
- 3.Mandy Morris 39.32
- 4.Ceri Brambley-Tucker 40.07
- 5.Pauline Williams 40.30