

# AMMAN VALLEY HARRIERS

## 10km Road Race & Fun Run 2008

Pos	No	First	Name	Club	Time	Cat	Age
1	221	MARC	HOBBS	SWANSEA HARRIERS	00:32:36	OM	26
2	245	PAUL	GRIFFITHS	NEATH	00:34:12	M40	40
3	219	STEVE	DAVIES	SWANSEA HARRIERS	00:34:48	OM	24
4	181	GLYN	PRICE	SARN HELEN	00:35:34	M40	41
5	207	CARL	ELLIS	PORT TALBOT HARRIERS	00:36:13	OM	33
6	230	SCOTT	EVANS	SOSPAN ROAD RUNNERS	00:36:22	OM	31
7	223	SAM	WALSH	SWANSEA HARRIERS	00:36:39	OM	20
8	262	GRANT	HOWELL	SWANSEA HARRIERS	00:37:03	M40	43
9	187	CHRIS	PARKER	SWANSEA HARRIERS	00:37:07	M40	42
10	229	MARTIN	GEORGE	SOSPAN ROAD RUNNERS	00:37:37	OM	31
11	173	GARY	IRVING	SWANSEA HARRIERS	00:38:12	M40	48
12	222	ANDREW	CLEVERLLY	SWANSEA HARRIERS	00:38:20	OM	21
13	203	JEROME	EVANS	PORT TALBOT HARRIERS	00:38:53	OM	17
14	200	CHRIS	FULCHER	PORT TALBOT HARRIERS	00:39:06	M40	41
15	201	ADRIAN	WEAVER	PORT TALBOT HARRIERS	00:39:21	OM	30
16	170	MARK	DUNSCOMBE	SARN HELEN	00:39:47	M40	46
17	157	KEITH	POWELL	CORNELLY STRIDERS	00:40:02	M50	55
18	234	ALUN	EVANS	NONE	00:40:07	M40	43
19	226	JOHN	MORRIS	NONE	00:40:27	OM	27
20	172	DEWI	JONES	NONE	00:53:04	OM	16
21	177	HUW	PRICE	SARN HELEN	00:40:59	M40	45
22	182	CHRIS	LEWIS	NONE	00:41:11	OM	27
23	183	PAUL	JELLEY	PORT TALBOT HARRIERS	00:41:12	M40	43
24	189	LEIGHTON	GARDNER	SWANSEA HARRIERS	00:41:31	M40	42
25	197	ALAN	PERKINS	PORT TALBOT HARRIERS	00:41:35	M50	57
26	227	GRAHAM	BARLOW	3 M'S GORSEINON	00:41:40	M50	51
27	169	LES	CHAPMAN	AMMAN VALLEY HARRIERS	00:41:46	M50	59
28	218	ALEX	WILLIAMS	ROAD RUNNERS CLUB	00:41:55	M40	40
29	225	DAVID	HOPKINS	NONE	00:42:20	M50	51
30	239	JONATHON	LLOYD	NONE	00:42:26	OM	19
31	195	MICHAEL	HALSALL	LLANELLI AAC	00:42:32	OM	35
32	166	RICHARD	WEBSTER	3 M'S GORSEINON	00:42:40	M50	53
33	162	CHARLES	WALSH	PORT TALBOT HARRIERS	00:42:53	OM	33
34	216	MICHAEL	EVANS	NEATH	00:43:00	M40	48
35	251	RACHEL	ALCOCK	SWANSEA HARRIERS	00:43:13	F35	35
36	190	UKU	KUMARI	SWANSEA HARRIERS	00:43:15	M50	56
37	210	STEVE	BROWN	PEMBROKESHIRE HARRIERS	00:43:17	OM	44
38	158	STEVE	DAVIES	PORT TALBOT HARRIERS	00:43:18	M40	41
39	194	ERIC	DAVEY	LLANELLI AAC	00:43:20	M50	58
40	161	AMANDA	EVANS	3 M'S GORSEINON	00:43:21	F35	39

41	220	DAVID	OAK	PORT TALBOT HARRIERS	00:43:31	M60	63
42	255	RAY	MAJER	SOSPAN ROAD RUNNERS	00:43:43	M50	55
43	175	DEAN	WEBSTER	3 M'S GORSEINON	00:43:50	OM	29
44	160	MICK	GRANT	ROAD RUNNERS CLUB	00:43:54	M50	51
45	238	STEVE	THOMAS	3 M'S GORSEINON	00:43:57	OM	39
46	212	JOHN	COOK	SOSPAN ROAD RUNNERS	00:44:10	M60	60
47	199	BERNARD	HENDERSON	PORT TALBOT HARRIERS	00:44:12	M50	53
48	154	STEVEN	WILLIAMS	NONE	00:44:36	OM	33
49	186	DANIEL	THOMAS	LLANELLI AAC	00:44:47	OM	18
50	206	HARFORD	EVANS	AMMAN VALLEY HARRIERS	00:44:53	M60	60
51	163	JOHN	COLLINS	SWANSEA HARRIERS	00:44:55	M60	70
52	191	CAROL	MOSELEY	PORT TALBOT HARRIERS	00:45:09	OF	31
53	261	PETER	S[ROGGS	SWANSEA HARRIERS	00:45:11	OM	35
54	185	ALEX	LEWIS	NONE	00:45:17	OM	28
55	266	LYN	REES	SARN HELEN	00:45:43	M50	58
56	217	CHRIS	DAVIES	NONE	00:45:46	M50	50
57	209	PAUL	EDWARDS	PEMBROKESHIRE HARRIERS	00:45:54	M40	48
58	241	MATHEW	POWELL	NONE	00:45:58	OM	29
59	249	GILLIAN	PHILLIPS	SOSPAN ROAD RUNNERS	00:46:00	F45	49
60	253	LISA	THOMAS	AMMAN VALLEY HARRIERS	00:46:13	OF	31
61	196	GRAHAM	VYNER	3 M'S GORSEINON	00:46:30	OM	38
62	236	SIAN	PHILLIPS	SWANSEA HARRIERS	00:46:31	F45	47
63	232	MARCUS	EYRE	3 M'S GORSEINON	00:46:47	M40	49
64	237	ANDREW	ROTHWELL	NONE	00:46:48	M50	50
65	254	SIAN	TRACE	AMMAN VALLEY HARRIERS	00:47:03	OF	16
66	184	MARIO	RABIAIOTTI	PORT TALBOT HARRIERS	00:47:16	M40	45
67	256	HAYDEN	WILLIAMS	AMMAN VALLEY HARRIERS	00:47:26	M40	41
68	215	AMANDA	JOHN	AMMAN VALLEY HARRIERS	00:47:29	F35	44
69	156	ROLAND	SHERWOOD	AMMAN VALLEY HARRIERS	00:47:42	M60	62
70	214	CHRIS	BOWEN	NONE	00:48:23	M40	43
71	164	GERAINT	JENNING	AMMAN VALLEY HARRIERS	00:48:46	M40	41
72	168	JULIE	THOMAS	3 M'S GORSEINON	00:48:54	F45	46
73	159	RAY	JAMES	PORT TALBOT HARRIERS	00:49:13	M40	47
74	193	FFION	EVANS	AMMAN VALLEY HARRIERS	00:49:55	OF	17
75	258	GLENDA	ROBERTS	ABERYSTWYTH AC	00:50:02	F55	55
76	174	DYLAN	DAVIES	NONE	00:50:29	OM	23
77	202	KATHY	BRADBURY	AMMAN VALLEY HARRIERS	00:50:31	F45	48
78	259	OWEN	MORGAN	NONE	00:50:34	M40	41
79	252	CLARA	HATFIELD	AMMAN VALLEY HARRIERS	00:51:24	OF	26
80	192	IAN	SWANSON	PORT TALBOT HARRIERS	00:51:40	M50	58
81	167	NATALIE	JONES	AMMAN VALLEY HARRIERS	00:51:54	OF	23
82	176	LOUISE	FAKINS	3 M'S GORSEINON	00:51:56	F35	37
83	171	DANIEL	DAVIES	ABERYSTWYTH AC	00:40:41	OM	21
84	211	EVA	COOK	SOSPAN ROAD RUNNERS	00:53:06	F55	57
85	257	RICHARD	DONNE	3 M'S GORSEINON	00:54:29	M40	23
86	244	JONATHAN	THOMAS	NONE	00:54:48	M40	41
87	250	NICOLA	GRIFFITHS	SOSPAN ROAD RUNNERS	00:55:08	F35	43
88	224	HELEN	PHILLIPS	AMMAN VALLEY HARRIERS	00:55:12	F45	49
89	233	DAVID	ROSSER	AMMAN VALLEY HARRIERS	00:55:13	M60	74
90	240	RICHARD	LLOYD	NONE	00:55:34	OM	22
91	188	MARK	HAMMOND	NONE	00:55:45	M40	41
92	264	ADRIAN	HARRISON	NONE	00:56:36	M40	42

93	260	NIGEL	JONES	NONE	00:57:05	M50	53
94	231	DEL	EYRE	3 M'S GORSEINON	00:58:16	F35	44
95	205	CHRISTINE	HURDIDGE	3 M'S GORSEINON	00:58:16	F55	56
96	180	KAREN	BURROWS	3 M'S GORSEINON	00:58:25	F45	47
97	271	MICHELLE	OWEN	NONE	00:58:32	F35	37
98	213	LINDA	REES	3 M'S GORSEINON	00:58:41	F45	
99	208	FAY	SHARPE	3 M'S GORSEINON	00:58:41	F45	48
100	263	NICOLA	HARRISON	NONE	00:59:09	F35	37
101	155	KAREN	SPARROW	NONE	00:59:10	OF	30
102	265	SHAN	BREESE	ABERYSTWYTH AAC	00:59:10	F45	49
103	242	NICOLA	POWELL	NONE	00:59:22	OF	32
104	269	ALEX	ETHERIDGE	NONE	00:59:28	OM	24
105	248	LINDA	THOMAS	SOSPAN ROAD RUNNERS	00:59:30	F45	45
106	268	ANN	MOGFORD	AMMAN VALLEY HARRIERS	01:00:49	F35	44
107	267	SAMANTHA	MOGFORD	AMMAN VALLEY HARRIERS	01:00:54	OF	22
108	204	LINDA	OWENS	3 M'S GORSEINON	01:01:58	F55	57
109	228	JULIE	JONES	NONE	01:01:59	F35	40
110	178	LINDA	WALLER	3 M'S GORSEINON	01:02:36	F45	52
111	246	LISA	HEATH	NONE	01:02:56	F35	35
112	198	JULIE	DAVIES	3 M'S GORSEINON	01:03:05	F55	56
113	179	TRACEY	WILLIAMS	3 M'S GORSEINON	01:05:14	F45	46
114	243	NIA	DAVIES	NONE	01:05:23	F35	41
115	165	SUSANNAH	JENNING	AMMAN VALLEY HARRIERS	01:06:49	F35	41
116	270	SARAH	MARSH	NONE	01:06:49	F35	31
117	247	RHIAN	WILLIAMS	NONE	01:08:36	OF	23
118	235	ROBERT	FOWLER	AMMAN VALLEY HARRIERS	01:08:37	M60	63
119	153	ALLEN	WATTS	SARN HELEN	01:21:10	M60	79

9999 Did not Finish or Run