

Anglesey

RESULTS - 2006 - ALL - Marathon

Pos	Bib	Name	Cat.	Club	Time
1	49	John Carr	M41-55	Lancaster and Morecombe AC	2:44:42
2	52	Chris Thorne (Local)	M18-40	Eryri Harriers	2:52:18
3	257	Andrew Ellison	M18-40	City of Bath Athletics Club	2:54:57
4	169	Malcolm Packer	M41-55	Louth AC	2:56:15
5	203	Fraser Wilson	M18-40		2:57:54
6	213	Mark Crabtree	M41-55	Halifax Harriers	3:01:19
7	36	Glyn Kay	M18-40	Horwich RMI	3:02:30
8	56	Phillip Brown	M41-55	North Wales Road Runners	3:03:17
9	270	Jonathan Bradshaw	M18-40	Macclesfield Harriers	3:04:19
10	145	T. Justin Bronder	M18-40	Oxford University Cross Country Club	3:04:59
11	260	Derek Goss	M41-55	Wrexham Tri	3:07:43
12	265	Paul Read	M18-40		3:08:12
13	179	Richard Wyn Williams	M18-40	Eryri Harriers	3:08:51
14	87	Tim Taylor	M18-40	Rothwell Harriers	3:09:11
15	248	Dewi Williams	M18-40	Eryri Harriers	3:09:25
16	31	Nicky Le Good	F36-50	Macclesfield Harriers	3:10:54
17	185	Simon Moseley	M41-55	Blengdale Runners AC	3:12:14
18	101	Stuart Moore	M18-40	Wye Valley Runners	3:12:58
19	246	James Murry	M18-40	B.A.A.C.	3:16:13
20	200	Christopher Sprules	M41-55	Aldridge Running Club	3:16:48
21	60	Paul Scholte	M18-40	Peel Road Runners	3:17:35
22	214	Richard Davies	M18-40		3:18:54
23	215	Mark Fisher	M18-40		3:18:54
24	226	Roderick Burton	M41-55	Scunthorpe & District AC	3:19:18
25	83	Matthew Fortes	M18-40		3:19:24
26	249	Val Swingler	F36-50	Shropshire Shufflers	3:19:54
27	80	Darren Clark	M18-40		3:23:31
28	162	David Pryce	M41-55	Colwyn Bay AC	3:24:58
29	216	Paul Bullock	M41-55	Newquay Roadrunners	3:25:03
30	231	Karsten Koehler	M18-40		3:25:16
31	241	Caroline Hemming	F36-50	Spectrum Striders	3:25:18
32	193	Dougal Wilson Croome	M41-55	Brockweir Badgers	3:26:59
33	153	John Foulds	M41-55	Horwich RMI	3:28:24
34	121	Richard Hayes	M18-40	Wrexham Tri	3:29:23
35	53	Sarah Mcilroy (Local)	F18-35		3:30:21
36	233	Gary Tann	M41-55		3:30:33
37	250	Janet Hatton	F36-50	Macclesfield Harriers	3:30:40
38	189	Xavier Laurent	M18-40		3:31:10
39	71	Ian Rothery (Local)	M41-55	Cybi Striders	3:31:32
40	173	Erika Schmid	F18-35	Buckley Runners	3:31:56
41	207	Mark Hughes	M18-40	Trentham RC	3:32:33
42	237	Stephen Cooney	M18-40	Collingwood AC	3:33:06
43	261	John Humphries	M41-55		3:33:24
44	269	Iwan Edgar	M41-55		3:34:15
45	120	Colin Gallimore	M18-40		3:34:32
46	192	Kenneth Few	M18-40		3:34:34
47	93	Michael Hobday	M41-55	Abergele Harriers	3:35:21
48	217	Richard Bell	M18-40		3:36:30
49	114	Stewart Laing	M18-40		3:36:47
50	225	David Hindley	M18-40		3:37:10
51	258	Brian Carr	M41-55	Haddington East Lothian Pacemakers	3:38:02
52	196	Gavin Roche	M18-40		3:38:51
53	161	John Bryning	M41-55		3:39:03
54	232	Edward Reid	M41-55	Abergele Harriers	3:39:59
55	175	Peter Karpowicz	M41-55		3:40:08
56	264	Richard Webster	M18-40	City of Chester Tri Club	3:40:11
57	263	Paul Gwatkin	M18-40		3:40:12
58	186	Phillip Roberts	M18-40	Blengdale Runners AC	3:40:33
59	238	Alan Rumbles	M18-40		3:41:30
60	160	Fred Lind	M18-40		3:41:51
61	125	Jenny Mills	F51+	Launceston Road Runners	3:42:05
62	10	Michael Grehan	M41-55	Dunstable Road Runners	3:42:37
63	254	Gary Taylor	M41-55	Darwen Dashers	3:43:51
64	195	Andrew Nunney (Local)	M18-40	Royal Navy	3:43:58
65	247	Eric Musgrove	M41-55	Stockport Harriers & AC	3:44:27
66	234	Graeme Decke	M18-40		3:45:21
67	28	John Lea	M41-55		3:45:33
68	239	Paul Williams (Local)	M41-55		3:45:55

69	184	Colin Goulding	M18-40	Barnet & District AC	3:46:08
70	59	Jeremy Bright	M18-40	Abergele Harriers	3:46:08
71	7	Kevin Clifford Smith	M41-55		3:47:10
72	85	Geraint Dodd	M18-40	Denbigh Harriers	3:47:11
73	187	Peter Ward	M41-55		3:49:21
74	208	Martin Wallace	M41-55	Chase Harriers RRC	3:49:22
75	40	Richard Colclough	M41-55		3:49:33
76	50	Kevin Chilvers (Local)	M56+		3:49:55
77	224	Sam Bevan	M18-40	Brockweir Badgers	3:50:45
78	211	Gwyn Jones	M41-55	Bro Dysynni	3:50:46
79	30	Andrew Bickle	M41-55	East Cornwall Harriers	3:50:46
80	150	Gerard Schofield	M41-55	East Cheshire Harriers	3:50:53
81	168	Matthew Evans	M18-40		3:51:24
82	117	Nicky Rees	M41-55		3:51:24
83	38	Craig Hawley	M41-55		3:52:30
84	76	Andrew Vize	M18-40		3:52:53
85	75	Mark Steven Newton	M18-40		3:52:59
86	77	Helen Howitt	F18-35		3:53:19
87	159	John Weeks	M41-55	Islwyn RC	3:53:37
88	242	Nicholas Fraser (Local)	M18-40		3:53:39
89	156	Stephen Rogers	M18-40		3:54:45
90	240	Colin Halliday	M18-40		3:54:48
91	105	Peter Simpson	M56+	Liverpool Harriers & AC	3:55:12
92	228	George Armstrong	M56+	Haddington East Lothian Pacemakers	3:55:18
93	41	Martin McCormick	M41-55		3:55:21
94	73	Eleanor Susan Cramb	F36-50		3:55:37
95	78	Greg O'Brien	M18-40		3:55:54
96	16	Denzil Martin	M18-40	Wrekin Road Runners	3:56:08
97	35	David A.R. Toms	M41-55	Brandon Fern Hoppers	3:56:42
98	2	Terry Hindson	M41-55	Redcar Running Club	3:58:18
99	119	Joanne Young	F36-50		3:59:07
100	6	John King	M56+	Helm Hill Runners	3:59:18
101	43	James Bingham	M18-40		3:59:21
102	33	Bridget Peberdy	F36-50	Alnwick Harriers	3:59:37
103	235	Paul Thomas	M18-40		4:00:23
104	245	Simon Lacey	M18-40	B.A.A.C.	4:02:08
105	227	Guy Sheppard	M41-55	North Norfolk Beach Runners	4:02:38
106	92	Margaret Hodges	F36-50		4:03:52
107	42	Jane Fedrick	F36-50		4:05:12
108	252	Emlyn Roberts	M41-55	Eryri Harriers	4:05:18
109	131	Barry Williams (Local)	M56+	Wrexham Tri	4:05:18
110	27	Michael Potter	M41-55	Weston AC	4:07:25
111	68	Trevor David Boocock	M18-40		4:07:59
112	206	Sharron Smith (Local)	F18-35		4:09:50
113	170	Edward Roberts	M56+	Ford halewood RC	4:10:46
114	154	Simon Illingworth	M41-55		4:11:59
115	172	Andrew James	M18-40		4:12:37
116	190	Laura Hudson	F18-35	Shropshire Shufflers	4:12:49
117	118	Kevin Jowett	M18-40		4:14:56
118	205	Stephen Lewis	M18-40		4:15:13
119	54	Richard Hunt	M18-40		4:15:19
120	166	Heather Sealey	F18-35		4:15:43
121	97	Albert Smart	M41-55		4:16:13
122	198	John Burgess	M18-40	FVS Tri Club	4:16:59
123	163	Robert Davies	M18-40	Prestatyn RC	4:17:13
124	141	Mike Singleton	M41-55		4:17:25
125	63	Paul Holmes	M18-40		4:17:36
126	61	Gareth Charles Williams	M18-40		4:18:32
127	14	James Barnes	M41-55		4:18:48
128	177	Julie Williams	F36-50		4:18:54
129	183	Gareth Williams (Local)	M41-55		4:19:31
130	84	Kath Cunningham	F51+		4:20:15
131	182	John Biard	M41-55		4:20:42
132	72	Karl Wanstall	M41-55		4:21:06
133	34	Leslie Prichard	M18-40		4:21:15
134	112	Simon Carsberg	M18-40		4:21:44
135	8	Will Doherty	M41-55		4:22:16
136	142	Christopher Wright (Local)	M41-55		4:22:45
137	204	Nicola Kaye	F18-35		4:24:34
138	209	Andrew Cave	M18-40		4:25:06
139	221	Roger Jackson	M56+		4:25:24
140	130	Barbara Williams (Local)	F36-50	Wrexham Tri	4:26:25
141	132	June Cooke	F51+	Prestatyn RC	4:26:49
142	57	Tony Moran	M41-55		4:26:55

143	64	Joseph Llewelyn	M18-40		4:27:10
144	95	Colin Cookson	M41-55	Red Rose Road Runners	4:27:11
145	218	Neil Robinson	M18-40		4:28:27
146	111	Michael Cleveland	M18-40		4:28:42
147	79	David John Williams	M41-55		4:29:10
148	148	Grace Henderson	F18-35		4:29:40
149	220	Andrea Williams	F18-35		4:30:12
150	201	John Lyon (Local)	M56+	Cybi Striders	4:30:25
151	139	Dawn Williams	F18-35		4:30:44
152	21	Alan Owen (Local)	M18-40		4:32:26
153	244	Thomas Wilkie	M41-55	Collingwood AC	4:34:47
154	174	Roger Bradley	M56+	Lordshill Road Runners	4:35:48
155	103	Greg Slack	M18-40		4:37:23
156	122	Warren Brooks	M18-40		4:38:34
157	202	Stephen Alexander Spence	M41-55		4:39:11
158	90	Austin Roberts	M41-55		4:41:38
159	106	Susan Eaglestone	F36-50		4:42:25
160	4	Graham Vaughan Fisher	M41-55		4:45:09
161	98	Thomas Giles	M41-55		4:45:53
162	152	Ken Dean	M56+	East Cheshire Harriers	4:46:21
163	155	Andy Lyon	F36-50	Peel Road Runners	4:46:27
164	253	John Dennis Burdett	M41-55		4:47:06
165	58	Ruth Burton	F18-35		4:47:15
166	143	Melfyn Parry (Local)	M41-55		4:48:16
167	251	Robin Wilson	F51+	Collingwood AC	4:49:05
168	19	David Rosser	M56+	Amman Valley	4:49:39
169	144	Brian Mills	M41-55	100 Marathon Club	4:50:01
170	223	Gillian Calliste	M41-55	Istead & Ifield Harriers	4:50:28
171	149	Christine Henderson	F51+		4:50:39
172	5	Mark Rainford	M41-55		4:51:15
173	262	Tracey Wright (Local)	M41-55	Abergele Harriers	4:51:17
174	109	Ken Creffield	M56+		4:52:56
175	133	Jenny Martin	F51+	Prestatyn RC	4:57:02
176	55	Derek McGrath	M41-55		4:57:05
177	46	Stuart Wild	M56+		4:57:17
178	108	Stephen Gehlhaar	M41-55		5:03:07
179	243	Edward Bedwyr Roberts	M41-55		5:05:27
180	104	Paul Wilkinson	M18-40		5:07:12
181	51	Gudrun Jones	F36-50	Sarn Helen Club	5:11:44
182	137	Neill Peabody	M41-55		5:12:29
183	255	Barry John Edwards (Local)	M18-40	Bangor University AC	5:14:00
184	136	Patricia Seabrook	F51+	Finch Coasters	5:14:48
185	164	Julian Prime	M18-40		5:16:58
186	176	Alistair Rankin	M18-40		5:18:43
187	181	Anthony McGuire (Local)	M18-40		5:20:23
188	180	Alfonso Ojeda (Local)	M41-55		5:20:23
189	140	Michael Reynolds	M18-40		5:33:51
190	96	Brian Reynolds	M18-40		5:33:51
191	22	Ruth Benzimra	F36-50		5:37:49
192	67	Carol Palmer	F51+	Newport Harriers	5:42:37
193	267	Anna Loots	F18-35		5:50:09
194	89	Lesley Pymm	F51+	Centurion	5:50:25
195	107	Alan Roberts	M56+	Biddulph Running Club	5:52:57
196	147	Brent Iddles	M56+	100 Marathon Club	6:06:03

RESULTS - 2006 - ALL - 10k

Pos	Bib	Name	Cat.	Club	Time
1	135	Rob Samuel	M	University Of Wales - Bangor	0:33:34
2	138	Paul Wathan	M	Eryri Harriers	0:35:38
3	195	Andy Dixon	M	Calne Running Club	0:35:45
4	22	David Owens	M	Tone Zone Runners	0:36:09
5	153	Gary Rees Williams	M	Menai Track and Field	0:36:24
6	160	Vincent Edwards	M		0:37:26
7	47	James Toop	M		0:38:52
8	300	Stephen Livett	M	Eryri Harriers	0:40:39
9	56	John Owen Griffith	M	Cybi Striders	0:40:45
10	196	Phillip Pilbeam	M		0:40:48
11	220	Ian Jones	M		0:40:49
12	36	Russel Williams	M		0:41:25
13	165	Geraint Williams	M	Cybi Striders	0:41:44
14	245	James Hooton	M	Cybi Striders	0:41:57
15	148	Derek Kay	M	Horwich Harriers	0:41:59

16	170	Michael D. Bell	M	Bro Dysynni	0:42:03
17	92	Phil Turner	M	Halifax Harriers AC	0:42:14
18	201	Trefor Jones	M	RAF Valley	0:43:05
19	45	Tony Beyga	M		0:43:09
20	30	Tony Gibson	M	NWRI	0:43:39
21	254	Barry Griffith	M		0:43:41
22	78	Gemma Reece	F		0:43:43
23	120	Gary Porter-Jones	M		0:43:50
24	74	Graham Clarke	M		0:43:51
25	207	Paul Barnier	M		0:44:03
26	5	Phillip Beard	M	EquiRun	0:44:16
27	192	David Williams	M		0:44:17
28	221	Dylan Parry	M		0:44:18
29	218	Russell Murray	M	WFRA	0:44:39
30	77	William Reece	M		0:44:49
31	48	Alun Evans	M		0:45:21
32	208	Brian Wills	M		0:45:25
33	84	Hugh Morgan	M		0:45:35
34	106	David Wilcockson	M		0:45:38
35	143	Julia Stewart	F		0:45:39
36	63	Daniel Crookes	M		0:45:42
37	93	Dave P.Stretton	M		0:45:51
38	215	Alan Woodward	M	RAF Valley	0:45:52
39	65	Nick Jones	M		0:45:59
40	116	David Kirkham	M	Cybi Striders	0:46:02
41	38	Owen Jones	M		0:46:04
42	40	Phil Tracey	M		0:46:13
43	139	Neil Haslingden	M	Bolton Metro Triathlon Club	0:46:46
44	199	Rhion Jones	M	Cybi Striders	0:47:08
45	86	Michael James Pitcher	M		0:47:32
46	140	William John Stuart	M		0:47:36
47	145	Ian Braithwaite	M	Eryri Harriers	0:47:42
48	289	Daniel Spears	M		0:48:00
49	178	Jack Bradley	M	NWRRRC	0:48:05
50	118	Benita Pickersgill	F	Alnwick Harriers	0:48:20
51	144	William Jones	M		0:48:25
52	158	Richard Parry	M		0:48:30
53	15	Geraint Jones	M		0:48:35
54	24	Simon Jeremy Grant	M		0:48:38
55	16	Michael Bell	M		0:49:06
56	18	Ian Walton	M		0:49:07
57	51	Siôn Elfyn Roberts	M		0:49:23
58	52	Peter Macmillen	M	WRFA	0:49:29
59	134	Jim Stuart	M		0:49:45
60	9	Audrey Stewart	F	Alnwick Harriers	0:49:47
61	186	Andy Ryder	M		0:49:59
62	180	Alise Thomas	F	Eryri Harriers	0:50:00
63	295	John Jones	M	Holyhead Weightlifting Club	0:50:36
64	147	Garry Campbell	M		0:50:37
65	149	William Parry	M		0:50:39
66	210	Derek Thomas	M		0:50:42
67	294	Emyr Jones	M		0:50:43
68	119	Ruth Harvey	F	Cybi Striders	0:50:53
69	81	Neil Hughes	M		0:50:56
70	59	Ian Williams	M		0:51:19
71	161	Sharon Edwards	F		0:51:29
72	185	Dennis Smith	M		0:51:32
73	70	Mark James	M		0:51:35
74	217	Graeme Burnie	M		0:51:37
75	29	Steven Pilbeam	M	Eryri Harriers	0:51:47
76	141	Rhian Jones	F		0:51:48
77	242	Huw Jones	M		0:52:04
78	163	Daniel Murtagh	M	Holyhead Weightlifting Club	0:52:05
79	171	Robert Thomas	M	Meirionydd RC	0:52:07
80	58	Kathy Frankland	F		0:52:09
81	188	Rob Cummings	M		0:52:12
82	183	Maureen Bartley	F	Denbigh Harriers	0:52:20
83	179	Dale Gaskin	M	Holyhead Weightlifting Club	0:52:34
84	191	Delwyn Williams	M		0:52:36
85	190	Les Williams	M	Eryri Harriers	0:52:39
86	150	Kevin Clark	M		0:52:40
87	299	Lynn Lunn	F		0:52:45
88	96	David Evans	M		0:52:57
89	2	Paul Gough	M		0:53:02

90	33	Vicki Hughes	F		0:53:18
91	27	Katie Thomas	F		0:53:33
92	109	Stephen Holmes	M		0:53:47
93	64	Gwen Owens	F		0:54:07
94	172	Carys Roberts	F		0:54:14
95	95	Clive Holland	M	South Cheshire Harriers	0:54:15
96	107	Rolf Kraehenbuehl	M		0:54:22
97	255	Hilary Roberts	F		0:54:27
98	25	Margaret Cecilia Jackson	F		0:54:39
99	69	Heather Pitcher	F		0:54:49
100	253	Michael Adamson	M		0:54:51
101	182	Marit Evans	F	Bro Dysynni	0:54:59
102	12	Alison Fell	F	Equirun	0:55:12
103	211	Alan Yearsley	M	Vale Royal Runners Club	0:55:21
104	205	Linda Warnock	F		0:55:23
105	204	Paul Warnock	M		0:55:45
106	219	Helen Baxandall	F	Prestatyn Running Club	0:55:45
107	39	Sian Tracey	F		0:55:49
108	99	Gareth Wyn Davies	M		0:56:03
109	98	Gwynnaf Williams	M		0:56:14
110	122	Michelle Edwards	F		0:56:15
111	197	Wendy Evans	F		0:56:23
112	198	Darren Evans	M		0:56:25
113	296	Sean Grundy	M		0:56:25
114	246	Jackie Rosser Browne	F	Holyhead Weightlifting Club	0:56:34
115	146	Lynn Campbell	F		0:56:35
116	121	Mandy Watkins	F		0:56:48
117	75	Rhys Evans	M		0:56:57
118	126	Gethin Jones	M		0:57:02
119	8	U. McCaig	F	Alnwick Harriers	0:57:04
120	297	Helen Richardson	F		0:57:12
121	157	Stephen Pickering	M		0:57:17
122	114	Mandy Williams	F		0:57:21
123	17	Carol Ann Wall	F	Alnwick Harriers	0:57:35
124	162	Chris Burnell	M	Holyhead Weightlifting Club	0:57:51
125	293	Gary Williams	M		0:57:51
126	137	Tom Slater	M		0:58:14
127	298	Andrew Lunn	M		0:58:28
128	13	Adrian Burton	M		0:58:35
129	113	Neil Summers	M		0:58:50
130	110	Michael Cross	M		0:58:52
131	35	Catrin Rees	F		0:59:03
132	206	Mila Simpson	F		0:59:06
133	225	Gareth Roberts	M		0:59:07
134	111	Mari Gruffydd	F	Cybi Striders	0:59:16
135	100	Mick McGuckin	M		0:59:34
136	62	Marcus Winnall	M		0:59:35
137	71	Joseph Henry Large	M		0:59:48
138	224	Carol Jones	F		0:59:50
139	83	Lynne Peters	F		0:59:52
140	53	Rosie Frankland	F		0:59:57
141	31	Stephen Maddocks	M		0:59:58
142	103	Caroline Mellor	F		1:00:00
143	193	Sioned Wyn Evans	F		1:00:08
144	142	Glyn Hughes	M		1:00:11
145	194	Catherine Tudor Jones	F		1:00:11
146	136	Alison Cawther	F	University Of Wales - Bangor	1:00:36
147	32	Richard Tanswell	M		1:01:08
148	87	Michaela Heyes	F		1:01:31
149	85	Chris Ewing	F		1:01:33
150	175	Alun Jenkinson	M	Holyhead Weightlifting Club	1:01:56
151	123	Tracey Atherton	F		1:02:58
152	112	Llinos Iorwerth	F		1:02:58
153	79	Julie Wallis	F		1:03:25
154	94	Edward Pierce Jones	M		1:03:34
155	68	Jane Glaze	F		1:03:36
156	60	Tracy Haazlehurst	F		1:03:36
157	212	Jan Hughes	F		1:03:41
158	169	Gilly Milligan	F		1:03:46
159	292	Beverly Hendricks	F	Prestatyn Running Club	1:03:48
160	213	Kevin Culshaw	M		1:03:53
161	82	Julie Freeman	F		1:03:55
162	127	? (Please supply name)	F		1:04:07
163	14	David Williamson	M	EquiRun	1:04:14

164	88	Simon Jones	M		1:04:52
165	243	Lisa Williams	F		1:04:52
166	89	Rachel Jones	F		1:04:52
167	90	Christine Plant	F		1:04:56
168	244	Berwyn Jones	M		1:05:39
169	80	Tracey Sprules	F	Aldridge Running Club	1:05:50
170	73	Madeline Owen	F		1:05:58
171	46	Christine Beyga	F		1:06:02
172	37	Elizabeth Owen	F		1:06:38
173	131	James Webb	M		1:07:24
174	6	Joy King	F	Equirun	1:07:24
175	61	Melody Butters	F		1:08:02
176	67	Stephan Roberts	M		1:08:38
177	28	Angela Roberts	F		1:08:38
178	97	Scott Irvine	M		1:08:41
179	1	Jackie King	F		1:09:15
180	187	Alison Hopper	F		1:09:23
181	184	Jim Jardine	M		1:09:45
182	91	Lois Chapman	F		1:10:23
183	49	Mike Slee	M	EquiRun	1:11:19
184	132	Katy Pritchard	F		1:11:56
185	156	Sian Louise Thomas	F		1:12:12
186	168	Marian Thomas	F		1:12:12
187	54	Sian Rowlands	F		1:13:42
188	154	Wendy Williams	F		1:13:57
189	104	Christopher Huw Thomas	M		1:14:21
190	223	Andy Longman	M		1:14:44
191	222	Sally Anne Longman	F		1:14:44
192	133	Martin Eaglestone	M		1:15:34
193	50	Tina Ingram	F		1:15:50
194	20	Ann Michelle Holland	F		1:17:05
195	21	Pauline Ann Large	F		1:17:08
196	166	Ian Phillip Critchlow	M	Holyhead Weightlifting Club	1:25:44
197	117	Rhys Lloyd Owen	M		1:25:50
198	159	Neal Williams	M		1:25:50
199	115	Steven Roberts	M		1:25:50
200	155	Gavin Jones	M		1:25:50
201	26	Emma Hollands	F		1:25:50
202	167	Joshua Higgins	M	Holyhead Weightlifting Club	1:42:28
203	177	Susan Williams	F	Holyhead Weightlifting Club	1:42:35
204	291	Joe Owen	M	Holyhead Weightlifting Club	1:42:49
205	290	James Abernethy	M	Holyhead Weightlifting Club	1:44:25
206	164	Joshua Bilington	M	Holyhead Weightlifting Club	1:44:41
207	176	Samuel Henderson	M	Holyhead Weightlifting Club	1:45:00
208	200	Ray Williams	M	Holyhead Weightlifting Club	1:45:00
209	173	Catherine Williams	F	Holyhead Weightlifting Club	1:45:00
210	174	Victoria Jenkinson	F	Holyhead Weightlifting Club	1:45:00

RESULTS - 2006 - ALL - 5k

Pos	Bib	Name	Cat.	Club	Time
1	97	Paul Wathan	M	Eryri Harriers	0:17:31
2	152	Llion Dwyryd Huws	M	Eryri Harriers	0:17:38
3	113	Ian Thomas Thomas	M	Menai Track and Field	0:18:33
4	61	Bleddyn Môn	M		0:19:10
5	157	Gwynedd Jones	M		0:19:19
6	77	Rheannon Rainford	F	Warrington	0:19:34
7	128	Maldwyn Evans	M	Eryri Harriers	0:19:45
8	153	Liam Roebuck	M		0:19:53
9	39	Stephen Livett	M	Eryri Harriers	0:19:56
10	106	Bruno Porter	M		0:20:04
11	149	Rhys Llewelyn	M	Menai Track and Field	0:20:53
12	151	Owain Llyr	M	Menai Track and Field	0:20:59
13	131	Ashley Jones	M		0:21:08
14	36	Huw Williams	M		0:21:08
15	56	Master Geoffrey Atherton	M		0:21:14
16	296	Meirion Wyn Evans	M		0:21:18
17	300	Nigel Evans	M	Bro Dysynni AC	0:21:36
18	139	Matt Shelton	M		