

Anglesey 2007

RESULTS - 2007 - ALL - Marathon

Pos	Bib	Name	Cat.	Club	Time
1	249	Rob Ashworth	M V40	Southport Waterloo AC	2:53:42
2	208	Lazloe Boden	M V45	Witney Road Runners	2:57:11
3	281	Rhys ab Elwyn	M V40	Eryri Harriers	2:59:51
4	279	Robert McGrath	M V40	Southport +Waterloo AC	3:01:09
5	243	Paul Curtis	M S	Belngdale Runners AC	3:01:55
6	217	Simon Bailey	M V45	Accrington Road Runners	3:02:34
7	14	Malcolm Packer	M V45	Louth AC	3:03:43
8	359	Steve Hiorns	M V40	Marlow Striders	3:05:41
9	102	Philip Brown	M V40	North Wales Road Runners	3:07:09
10	4	David Pryce	M V40	Colwyn Bay AC	3:07:38
11	307	Richard Wyn Williams	M S	Eryri Harriers	3:09:15
12	227	Steve Edwards	M V40	100 Marathon Club	3:11:46
13	340	David Cooper	M V45	Halifax Harriers	3:12:45
14	66	Chris Fulcher	M V40	Port Talbot Harriers	3:13:39
15	292	Josef Hayes	M V35	Deeside AC	3:14:01
16	116	Jonathan Fish	M V40	Lancaster + Morecombe AC	3:14:24
17	12	Michael Grehan	M V40	Dunstable Road Runners	3:14:54
18	337	Iwan Edgar	M V50	Eryri Harriers	3:15:56
19	314	Edward Reid	M V40	Abergele Harriers	3:17:00
20	299	Simon Moseley	M V40	Blengdale AC	3:17:50
21	191	Mark Dunscombe	M V45	Sarn Helen	3:17:58
22	218	David Crane	M V45		3:18:33
23	221	Matthew Fortes	M S		3:19:33
24	351	Andrea Roberts	F S	Eryri Harriers	3:19:52
25	180	Richard Webster	M V40	Chester Tri Club	3:20:16
26	364	Gareth Johnson	M S		3:20:17
27	77	Alan Mann	M V50	Les Croupier	3:20:24
28	311	Clive Reid	M V55	Pockington Runners	3:21:03
29	344	Val Swingler	F V40	Shropshire Shufflers	3:21:34
30	205	Dawn Kenwright	F V50	Sarn Helen	3:22:24
31	192	Jez Brown	M V35		3:23:03
32	309	Neil Houlsby	M S		3:24:06
33	175	Brenda Wane	F V45	Astley + Tyldesley Road Runners	3:24:25
34	345	Adrian Lavery	M V45	Tewkesbury AC	3:24:45
35	118	John Watkins	M V40	Stafford Harriers	3:25:52
36	302	James Latham	M V40		3:26:22
37	277	Nathan Lee	M V45		3:27:20
38	115	Andy Page	M V40	Manx Harriers	3:27:57
39	169	Timothy Rainey	M V40	Sale Harriers	3:28:30
40	306	Mark Davies	M V35	Port Talbot Harriers	3:29:05
41	282	Garfield Jones	M V50		3:32:03
42	332	Jane Shelmerdine	F V40	Knavesmire Harriers	3:32:30
43	369	Peter Ferris MBE	M V50	100 Marathon Club	3:32:52
44	93	Ronald Shannon	M V45	Bitton Road Runners	3:33:04
45	328	Dipak Vala	M V40		3:33:10
46	35	Bill Howes	M V55	RRC	3:33:38
47	343	Robert Burke	M V40	Liverpool Running Club	3:34:38
48	251	Peter Simpson	M V55	Liverpool Harriers & AC	3:35:04
49	284	Emlyn Owen	M S		3:35:08
50	354	Sara Berry	F S	Horsfirth Harriers	3:35:15
51	17	Paul Scholte	M V35	Peel Road Runners	3:35:16
52	2	Terry Hindsen	M V45	Redcar	3:35:45
53	163	Dan Gilbank	M S	Pickering RC	3:35:53
54	202	Charles Thomas-Walsh	M S	Port Talbot Harriers	3:36:16
55	168	John Foulds	M V45	Horwich RMI Harriers	3:36:21
56	373	Brian New	M V40	Northern Veterans AC	3:36:40
57	149	David Steer	M V35		3:36:48
58	69	Iwan Watkin	M S		3:36:58
59	147	David King	M V50	Blackheath & Bromley Harriers AC	3:37:05
60	368	Arfon Owen	M V40	Cybi Striders	3:37:44
61	322	Dai Whiffen	M V40		3:39:07
62	159	Colin Wood	M V50	Horwich RMI Harriers	3:39:13
63	133	James Sym	M S		3:39:22
64	81	Mark Woodhead	M V40		3:39:27
65	1	Jenny Mills	F V55	Launceston Road Runners	3:39:32
66	31	Kevin Fitzgerald	M V40		3:40:02
67	49	Roger Barrett	M V50		3:40:40
68	267	Alan Perkins	M V55	Port Talbot Harriers	3:42:25

69	278	Karl Ashworth	M S		3:42:38
70	153	Kevin Chilvers	M V60		3:42:57
71	330	Alan Williams	M S		3:42:59
72	122	Graham Nunns	M S		3:43:21
73	142	Stephen Price	M V45	Liverpool Running Club	3:44:40
74	151	Steve Jolly	M V40		3:44:47
75	317	Andrew Pearce	M S		3:45:50
76	156	Sally Orr	F S	Cardiff Triathletes	3:46:46
77	74	Andy Fowler	M V40		3:46:47
78	187	Paul Turner	M S		3:48:33
79	261	Sean Treloar	M V40	Port Talbot Harriers	3:49:46
80	128	Richard Chivers	M V60		3:50:29
81	111	Paul Wickham	M V40	Clayton Le Moors Harriers	3:50:31
82	365	Brian Kirkdale	M V45	Hastings Runners	3:50:48
83	100	Hannah Peel	F S		3:50:59
84	126	Andrew Bickle	M V50	East Cornwall	3:51:00
85	70	James Jacobs	M S		3:52:06
86	18	Ruth Travis	F V35		3:52:20
87	255	Nicola Wilde	F V45	Horsforth Harriers	3:52:25
88	72	Janet Richards	F V40	Griffithstown Harriers	3:54:19
89	127	Matt Topp	M V35		3:54:21
90	260	Ian Rothery	M V50	Cybi Striders	3:54:48
91	338	Paul Williams	M V50		3:55:00
92	213	Damian Nolan	M V35		3:55:02
93	371	Ted McLaughlin	M V50		3:55:03
94	198	Robin Elliot	M V45	Shropshire Shufflers	3:55:44
95	258	Peter Hughes	M V45		3:55:54
96	360	Richard Aczel	M S		3:56:09
97	352	Nigel Rowlands	M V35	Clwydian Road Runners	3:56:36
98	119	Richard Scamans	M V35		3:56:44
99	63	Andrew John	M S	Nailsea Running Club	3:56:54
100	339	Raymond James	M V45	Port Talbot Harriers	3:56:55
101	132	Nick Sym	M S		3:57:07
102	225	Michael Hodges	M V50	Rhayador	3:57:07
103	238	Stuart Palmer	M V40		3:58:19
104	346	Simon Illingworth	M V45		3:58:40
105	250	Norman Boyle	M V50	Bellahouston Roadrunners	3:59:24
106	78	Loretta Daley	F V40	Les Croupier	3:59:49
107	41	Alan Williams	M V45		3:59:55
108	216	Duncan Marsh	M V35	Thame Runners	3:59:55
109	135	Alex Philpott	F V35		4:00:08
110	193	Sue Jones	F V45	Cybi Striders	4:00:40
111	239	Tracey Hayward	F V35	Telford Harriers	4:00:59
112	242	Ellen Spencer	F V40	Telford Harriers	4:00:59
113	89	Terry Greene	M V55	Pickering RC	4:02:04
114	67	David Toms	M V55	Brandon Fern Harriers	4:02:41
115	206	Dominic Wilkinson	M S		4:03:58
116	219	Edward Wilkinson	M S	Victoria Park Harriers	4:03:58
117	59	Michael Turnock	M V60		4:04:34
118	323	Leslie Pritchard	M V35		4:05:45
119	269	Charles Pryce	M V55		4:06:25
120	335	Michael Alsworth	M V55	100 Marathon Club	4:07:07
121	39	Michael McKrell	M V45		4:08:21
122	288	Carol Wright	F V45		4:08:46
123	106	Sandra Piercy	F V40	Pickering RC	4:10:52
124	121	Steve Coote	M V45	Vegetarian C + AC	4:11:15
125	298	Anthony Pearson	M V40	Red Rose Road Runners	4:11:37
126	290	Andy Beirne	M S	Western Athletic Club	4:11:52
127	68	Mike Singleton	M V40		4:12:16
128	179	Austin Bowers	M S	North Wales Road Runners	4:14:39
129	11	John King	M V55	Helm Hill	4:14:42
130	185	Richard Wainwright	M S	Valley Road Runners	4:14:47
131	224	Margaret Hodges	F V45	Spa-Tans	4:14:49
132	109	Dafydd Lewis	M S		4:16:33
133	325	Stuart Younger	M S		4:16:33
134	253	Sarah Worth	F S		4:16:56
135	310	James Barnes	M V45		4:17:00
136	336	Edward Hawliczek	M V50	Eryri Harriers	4:17:01
137	141	Chris Jones	M V40	Wrexham A. Athletics Club	4:17:42
138	400	Steve Lowndes	M S		4:17:57
139	161	Michael Tarpey	M V35	Liverpool Running Club	4:18:16
140	204	Edward Bailey	M S		4:18:32
141	28	Craig Hawley	M V45		4:19:10
142	304	Nick Brown	M V35		4:19:18

143	236	Jos Ashley	M V35		4:19:23
144	367	Jenny Kinnaird	F V35	Stockport Harriers	4:19:30
145	98	Lorraine Laycock	F S	Pickering RC	4:20:29
146	245	Andy Ryder	M V40		4:20:31
147	321	Dave Toft	M V35	Buckley Runners	4:20:37
148	259	John Biard	M V40		4:21:30
149	145	Matthew Gerken	M S		4:21:35
150	305	Kevin Day	M V40	Goyt Valley Striders	4:22:23
151	146	Colin Cookson	M V45	100 Marathon Club	4:22:24
152	357	Peter McGlynn	M V55		4:22:33
153	143	Colin Longworth	M V50	100 Marathon Club	4:22:45
154	334	Eric Sidebottom	M V60	Strathearn Harriers	4:23:36
155	285	Peter Balmont	M V45	Peel Road Runners	4:24:30
156	362	Markus Kinch	M V45	Bearbrook Joggers	4:25:10
157	37	Fiona Sandom	F V35		4:25:23
158	356	Mike Dilworth	M V50	Padarn Triathlon	4:25:23
159	165	Daphne Jones	F V50		4:25:46
160	358	Iain Price	M V40		4:26:00
161	19	Stephen Young	M V35		4:26:14
162	263	Mike Dudley	M S		4:26:26
163	79	Greg Crane	M S		4:26:48
164	157	Michael Fraser	M S		4:27:28
165	228	John McDonald	M V60	100 Marathon Club	4:28:15
166	120	Sue Lloyd	F V40	Wrekin Road Runners	4:28:36
167	280	Gareth Keeves	M S		4:28:44
168	177	Darren Moore	M S		4:28:53
169	97	Jane Fedrick	F V40		4:29:21
170	315	Glyn Owens	M S		4:29:40
171	124	Tom Llewelyn	M S		4:30:00
172	231	Sarah Anne Crabtree	F S		4:30:30
173	303	Kenneth Creffield	M V60	Southern Counties Veterans AC	4:30:43
174	293	Jack Bradley	M V40	NWRR	4:31:00
175	300	Anne Oakes	F V50	100 Marathon Club	4:31:16
176	197	Steffan Phillips	M V40		4:31:58
177	276	Melissa Reed	F V35		4:32:28
178	316	David Peabody	M V55		4:33:17
179	341	Belinda Hardy	F S		4:33:49
180	188	David Piercy	M S		4:34:57
181	189	John Twaddle	M S		4:34:57
182	96	Mike Ormsby	M V45		4:35:03
183	264	Vicki Hughes	F S		4:35:03
184	296	David Vaughan	M V60	100 Marathon Club	4:35:04
185	312	Carla Hayes	F V40	Plumstead Runners	4:35:38
186	7	Alan Owen	M V35		4:36:06
187	326	Michael Redmond	M V50		4:36:15
188	57	Joseph Llewelyn	M S		4:36:22
189	150	Christopher Evans	M S		4:36:40
190	154	Ernest Barker	M V55	100 Marathon Club	4:37:27
191	32	Angie Bootman	F V55		4:38:26
192	190	Jason Redpath	M V40		4:38:28
193	318	Phillip Myles	M V35		4:38:44
194	160	Andrew Upton	M S		4:39:00
195	232	Simon Philip Crabtree	M V45		4:40:16
196	136	Susan Cowley	F V40		4:42:00
197	137	Peter Cowley	M V45		4:42:00
198	184	Richard Griffin	M V55	Blacheath + Bromley Harriers	4:43:16
199	107	Richard Hunt	M V35		4:45:03
200	108	Barry Williams	M S		4:45:03
201	155	Rob Hall	M S		4:45:49
202	327	Gareth Williams	M V45		4:46:06
203	48	Dorothy Newberry	F V50	Gillingham Trotters	4:46:32
204	52	Mark Milburn	M S		4:47:13
205	99	Christopher Jones	M V35		4:47:21
206	273	David Spicer	M V60	Northern Veterans AC	4:47:37
207	139	Clifford Greenhalgh	M V60		4:48:07
208	320	John Lyon	M V60	Cybi Striders	4:48:22
209	113	George Sydney Youngson	M V60	Pickering RC	4:49:44
210	140	Dafydd Jones	M S		4:49:44
211	144	John Butler	M S		4:49:58
212	211	Louise Gebbett	F S		4:51:19
213	54	David John Williams	M V45		4:52:01
214	26	Gary Dowling	M V40	Peel Road Runners	4:53:18
215	233	Tim Fletcher	M V40	Peel Road Runners	4:53:18
216	355	Andree Lyon	F V35	Peel Road Runners	4:53:18

217	248	Edward Bedwyr Roberts	M V45		4:53:39
218	162	Dawn Williams	F V35		4:54:04
219	170	Selina Da Silva	F V50	100 Marathon Club	4:55:11
220	178	Phil Laing	M V35		4:55:13
221	6	Thomas Giles	M V40	Trail Running Association	4:55:40
222	274	David Moles	M V50	100 Marathon Club	4:56:03
223	289	John Dawson	M V60	100 Marathon Club	4:56:20
224	283	Chris Johnson	M V60	East Cheshire Harriers	4:57:40
225	333	Sue Eaglestone	F V40		4:59:37
226	342	Heather Burton	F V45		5:01:25
227	222	Tom Bourton	M S		5:02:09
228	331	Allan Molyneux	M S	Oxford Tri Club	5:02:22
229	244	Brian Mills	M V50	100 Marathon Club	5:04:29
230	223	Keith Tubman	M V60		5:04:39
231	90	Owain Williams	M V40	Tattenhall Runners	5:05:41
232	80	Stephen Brear	M V35	Sleaford Striders	5:07:15
233	46	Jane Darlington-Smith	F V40		5:08:30
234	47	Andy Smith	M V40		5:08:30
235	370	Dan Wilson	M S		5:09:05
236	348	Ray Hanlon	M V60		5:09:20
237	103	Patricia Seabrook	F V60	Finch Coasters	5:14:19
238	9	Gudrun Jones	M V50	Sarn Helen	5:17:17
239	34	Pauline Howes	F V55	RRC	5:17:54
240	297	Wally Oakes	M V60	100 Marathon Club	5:18:31
241	13	Ruth Benzimra	F V40	RRC	5:24:55
242	275	Greg Reed	M V35		5:28:58
243	73	David Rosser	M V60	Amman Valley Harriers	5:29:09
244	324	Jon Andrew Liptrot	M S		5:29:48
245	8	Neill Peabody	M V50		5:30:17
	92	Lewis Fall	M S		DNF
	114	Nicholas Owen	M S		DNF
	183	Tabitha Codd	F S		DNF
	200	Paul Hufon	M S		DNF
	215	William Hill	M V35		DNF
	272	Fiona Huxtable	F S	Chester Tri Club	DNF
	329	Glyn Kay	M S	Horwich RMI Harriers	DNF
	350	Geraint Williams	M V40	Cybi Striders	DNF
	372	Waller Monro	M V55		DNF
	380	Derek Goss	M V45		DNF

RESULTS - 2007 - ALL - 10k

Pos	Bib	Name	Cat.	Club	Time
1	250	Tony Battersby	M S	Astley & Tyldesley	34:30
2	230	Iwan Morton	M S	Eryri harriers	36:15
3	266	David Nolan	M V35	NWRRC	37:07
4	401	Paul Wathan	M S	Eryri Harriers	37:43
5	92	David Owens	M S	Tone Zone Runners Bognor Regis	38:19
6	248	Arwel Lewis	M V45	Eryri Harriers	38:24
7	63	Tammy Lewis Jones	F V35	North Wales Road Runners	38:28
8	246	Dave Bancroft	M S	Halifax Harriers AC	38:31
9	244	John Cee	M V40	Astley & Tyldesley	38:44
10	245	Shaun Moran	M V45	Astley & Tyldesley	38:44
11	151	Stephen Richards	M V35		39:02
12	402	Gwyndaf Rowlands	M S	Clwb Menai	39:46
13	199	Francis Martin	M V45	Penny Lane Striders	39:58
14	90	Matthew Norman	M V35	Aldershot Farnham & Dist AC	40:36
15	238	Ian Jones	M V35		41:25
16	404	Martin Green	M S	NWRRC	41:32
17	243	Craig Bradbury	M V35	Astley & Tyldesley	41:51
18	136	Malcolm Collins	M V35	Swinton Running Club	41:55
19	226	Nick Fraser	M S		42:01
20	209	Steffan Jones	M V40	Eryri Harriers	42:08
21	400	James Hooton	M V35	Cybi Striders	42:36
22	97	Nicholas Jones	M S		43:01
23	150	Meirion Wyn Evans	M S		43:11
24	231	Barry Stuart Griffith	M V35		43:13
25	110	Rhys Owen	M S		43:50
26	385	Ceris Owen	M V50		43:56
27	262	Maldwyn Evans	M V45	Eryri Harriers	44:07
28	254	Ashley Jones	M S		44:09
29	253	Andrew James Dawson	M S		44:21
30	267	Emlyn Roberts	M V40		44:22

31	265	Kevin Higgins	M V45	NWRRC	44:28
32	207	Paula Lloyd Jones	F V40		44:44
33	161	Charlie Jones	M V50		45:06
34	190	Phil Turner	M V35	Halifax Harriers	45:13
35	91	Mike Flatt	M V45		45:15
36	175	Dylan Parry	F V35		45:45
37	399	Merfyn Williams	M V45	Eryri Harriers	45:48
38	163	Kevin Handesley	M V50		45:50
39	403	Tony Cubson	M V45	NWRRC	45:57
40	249	Peter Mulleady	M V40	Astley & Tyldesley	46:15
41	25	Peter Chowdbury	M v35		46:20
42	159	Colin Frankland	M S		46:22
43	302	Trevor Boocock	M S		46:30
44	206	Gwydion Evans	M S		46:36
45	102	Geraint Jones	M V35	Eryri Harriers	46:55
46	223	Mr Eurwyn Owen	M V45		46:59
47	388	Mark Evans	M S		47:05
48	395	Amanda Schofield	F V35		47:08
49	54	Siôn Elfyn Roberts	M S		47:12
50	396	Lee Pownall	M V35	NWRRC	47:19
51	260	Jason Pierce	M S		47:24
52	26	Alastair Moralee	M V45		47:59
53	165	Siobhan Hanlon	F S	Tri 4 Life Ladies	48:11
54	229	Jim Stuart	M V45		48:12
55	189	Donald Reid	M V40		48:14
56	109	Anthony Larkin	M S		48:16
57	236	Thomas Richardson	M V35		48:19
58	147	Karl Nicholas	M V40		48:26
59	405	Jan Muir	F V40		48:32
60	215	Jonathan Roberts	M S		48:37
61	130	David Williams	M V35		49:05
62	211	Aled Roberts	M V55		49:10
63	222	Kevin Edwards	M S		49:16
64	227	Stephen Edwards	M S		49:16
65	239	Neil Thomas	M V45		49:28
66	158	Ryan McMullan	M S		49:34
67	68	Bryn Humphreys	M V40		49:45
68	195	Kevin Clark	M V40		49:47
69	216	Christopher Bolland	M S		49:55
70	217	Michael Tranter	M S		49:55
71	177	Eurwyn Edwards	M V50		49:56
72	36	Michael Hemming	M S		50:01
73	377	Alan Woodward	M S		50:03
74	168	Brandon Moody	M V40		50:10
75	145	Idris W. Jones	M V45		50:20
76	386	Hugh Morgan	M V35		50:23
77	235	David Richardson	M V40		50:28
78	382	Lauren Lieve	F S		50:37
79	27	David Ryan	M V35		50:46
80	194	Nick Crabtree	M S		50:47
81	129	John Davies	M V55	Port Talbot Harriers	50:53
82	251	Rhian Jones	F S	Cybi Striders	50:58
83	384	Alan Spence	M V50		50:58
84	157	Alan McMullan	M V55		51:09
85	264	Dawn Platt	F V40	St Helens Striders	51:11
86	9	Anthony Beyga	M V45		51:18
87	149	Mark Bracegirdle	M V40		51:21
88	237	Bernadette Williams	F V35	Eryri Harriers	51:40
89	240	Elisabeth Angier	F S		52:01
90	95	Janet Bultitude	F S		52:07
91	242	Sion Jones	M S		52:13
92	65	Ieuan Roberts	M S		52:23
93	178	Michael Rieveley	M V50		52:38
94	126	Michael J. Hooton	M V60		52:51
95	187	Darren Rowlands	M S		52:58
96	259	Phil Tracey	M V40	Cybi Striders	53:02
97	258	Daniel Tracey	M S		53:04
98	24	Bethan Hughes	F S		53:07
99	378	Sue Burke	F V40	Liverpool RC	53:21
100	221	Chris Parry	M S		53:41
101	135	Alun Jones	M V50	Cybi Striders	53:44
102	45	Daniel Rowlands	M S		53:47
103	113	Mark Hurst	M V40		54:10
104	160	William Jones	M V35		54:15

105	42	Tish Joyce	F V35		54:22
106	75	Sean Joyce	M V35		54:22
107	234	Eurig Evans	M V50		54:24
108	146	Kathy Frankland	F V40		54:26
109	112	Edward Grimwood	M S		54:36
110	232	David Evans	M V50		54:39
111	197	Mandy Williams	F V40		54:43
112	220	Jake Lea-Wilson	M S		54:43
113	196	Michael Bell	M V40		54:48
114	213	Thomas Slater	M V60		54:49
115	127	Sian O'Regan	F S		54:52
116	12	Heidi Bingham	F S		54:54
117	15	Michael Brock	M V40		54:54
118	134	Adam Docwra	M V40		54:54
119	32	Emma Wilkinson	F S		55:05
120	219	Katarzyna Ewert-Krzemieniewska	F S		55:06
121	376	Yvonne Wickham	F V40	Clayton Harriers	55:07
122	85	Vincent Cummins	M V55		55:12
123	117	Jacky Rosser-Browne	F S	Holyhead Weightlifting Club	55:33
124	255	Alun Gruffydd	M V35		55:33
125	383	Gareth Evans	M V40		55:37
126	201	Elisabeth Turner	F S		55:46
127	181	David Jackson	M V50		55:54
128	80	Richard Tanswell	M V35		55:55
129	188	David Watson	M V50		56:12
130	98	Emma Benton	F S		56:23
131	379	S. Reynolds	F V40		56:39
132	111	Stephanie Foster	F V40		56:47
133	81	Carl Owen	M V35		56:59
134	59	Nia Meryl Jones	F S		57:04
135	148	David Beard	F V50	Eryri Harriers	57:14
136	79	Helen Aldred	F S		57:43
137	78	Josie Davies	F V45		57:50
138	186	Rachel Bailey	F V40		57:58
139	3	Steve Williams	M V40		58:04
140	34	Kathryn Aspden	F V35		58:13
141	51	Geraint Parry	M V50		58:15
142	11	Chris Bingham	M V35		58:25
143	225	Gary Campbell	M V45		58:27
144	176	Viv Edwards	F V50	Menai Track and Field	58:34
145	393	Ruth Williams	F S		58:35
146	83	David Williamson	M V40		58:44
147	33	Llinos Iorwerth	F V35		58:51
148	99	Warren Benton	M S		58:51
149	116	Lynne Peters	F V45		59:10
150	120	Rosie Frankland	F S		59:10
151	406	Dan Heafy	M S		59:19
152	106	Gethin Jones	M S		59:28
153	185	Mickey Rooney	M V50		59:31
154	193	Debbie Crouch	F V40		59:33
155	71	Lisa Williams	F S		59:35
156	142	Andy Kenney	M V35		59:38
157	167	Carol Hanlon	M V50	Tri 4 Life Ladies	59:49
158	76	Michaela Heyes	F S		59:50
159	77	Brent Heyes	M S		59:50
160	133	Louise Docwra	F V40		59:56
161	394	Tracey Wright	F V45		59:59
162	152	Mari Gruffydd	F V55	Cybi Striders	61:26
163	390	Haydn Meredith	M V45		1:00:01
164	391	Sandra Green	F V35		1:00:08
165	154	Celyn Williams	M S		1:00:28
166	228	Mefys Jones	F V35		1:00:28
167	101	Abigail Carrick	F S		1:00:45
168	58	Derrick Jones	M V45		1:01:12
169	35	Diana Brooke	F V40		1:01:13
170	38	Gareth Llewelyn	M S		1:01:15
171	252	Sian Hall	F S		1:01:27
172	125	Joseph Henry Large	M V60	Merseyside Police Sports & Social Club	1:01:41
173	43	Elaine Murphy	F S		1:01:43
174	162	Rhys Evans	M S		1:01:51
175	203	Jayne Jacobs	F V35	Menai Track and Field	1:02:12
176	100	Aisling Carrick	F S		1:02:16
177	50	Jean Skitt	F V60	Manchester Gharriers + AC	1:03:27

178	64	Gordon P. Gibson	M V45		1:03:31
179	132	Victoria Roberts	F S		1:03:39
180	191	Kevin Mulhall	M V45		1:04:08
181	72	June Lock	F V55		1:04:20
182	397	Chris Greenslade	M V35		1:04:20
183	39	Emma Clapp	F S		1:04:27
184	8	Awena Pritchard	F S		1:04:31
185	21	Pamela Crabtree	F V50		1:04:49
186	115	Victoria Stedman	F S		1:05:02
187	387	Alison Hopper	F V40		1:05:22
188	381	Rhian Lloyd	F V35		1:05:27
189	392	Rhodri Williams	M S		1:05:33
190	179	Bethan Roberts	F V35		1:05:35
191	202	Timothy Wain-Hobson	M V50		1:05:40
192	10	Christine Beyga	F V45		1:05:51
193	192	Pat Bell	F V45		1:05:51
194	261	Penny Hughes	F V35		1:06:00
195	49	Karen Williams	F S		1:06:03
196	256	Sian Tracey	F V40	Cybi Striders	1:06:35
197	200	Gillian Milligan	F V55		1:06:38
198	182	Han Ket Li	F V40		1:06:44
199	44	Catherine Rowlands	F S		1:07:14
200	19	Tamzin Massey	F S		1:07:36
201	180	Michelle Holland	F V50		1:07:40
202	156	Cathie Morris	F V35		1:08:29
203	73	Nicola Lock	F S		1:08:46
204	166	Julie Freeman	F V45		1:08:54
205	46	Shirley Davies	F V60		1:09:42
206	380	David Llewelyn	M V55		1:10:12
207	141	Catherine Clark	F V35		1:12:57
208	164	Diane Wherrett	F V60	Tri 4 Life Ladies	1:13:06
209	204	Emma Parry	F Walk		1:13:06
210	124	Pauline Ann Large	F V60		1:13:36
211	93	Bethany Wilkinson	F S		1:14:05
212	114	Jonathan Bingham	M S		1:14:16
213	1	Jackie King	F V55		1:15:01
214	55	Cathryn Roberts	F S		1:15:58
215	56	Gareth Parry	M S		1:15:58
216	66	Rachel McClean	F S		1:15:58
217	247	Martin Eaglestone	M V45		1:16:30
218	208	Robin Jacobs	M V40		1:16:48
219	224	Wendy Parry	F Walk		1:17:01
220	118	Tina Owen	F V35		1:17:20
221	153	Huw Thomas	M V60		1:20:08
222	23	Stuart Lay-Flurrie	M S		1:22:48
223	205	Stacey Washburn	F S		1:23:52
224	131	Kathy Wingate	F V60	Menai Track and Field	1:29:28
225	169	M. Diane Jones	F V35		1:29:36
226	105	Linda Elizabeth Holmes	F V50		1:32:29
227	16	Patricia Pickard	F V45		1:45:02
228	138	Jenny Howard	F S		1:47:03
229	139	Jacqueline Ijaz	F V40		1:47:03
230	140	Sara Ijaz	F S		1:47:03
231	144	Mary Williams	F V60		1:49:38
232	184	Christina White	F V55		1:49:38
233	122	Maggi Paap	F Walk		1:50:18
234	123	Sandra Roberts	F Walk		1:50:18
235	170	Kathleen Bohana	f Walk		1:51:42
236	171	E. Chohan	F Walk		1:51:42
237	172	Susan Jones	F Walk		1:51:42
238	121	Keira Truswell	F Walk		1:56:00
239	137	Beryl Cowburn			1:56:00
240	143	Einwen Wilding	F V60		1:56:00
241	389	Natalie Owen	F S		1:56:00
	14	Jo-Ann Brock	F V35		DNF
	233	Meilir Evans	M S		DNF

RESULTS - 2007 - ALL - 5k

Pos	Bib	Name	Cat.	Club	Time
1	21	Paul Wathan	M	Eryri Harriers	17:29
2	41	Gethin Edwards	M	Menai Track and Field	17:48
3	179	Andrew Woodcock	M	Menai Track and Field	18:40

4	162	Emyr Davies	M	Eryri Harriers	18:55
5	165	Tim Adkins	M		19:28
6	178	Jim Woodcock	M	Menai Track and Field	19:45
7	168	Matthew Wood	M		19:57
8	169	Richard Chera	M		21:36
9	23	Damian Bialozynski	M		22:58
10	164	Andrew James Dawson	M		23:06
11	20	Gemma Morgans	F		23:12
12	191	Jan Muir	F		23:28
13	33	Anna Bracegirdle	F		23:30
14	199	Kieran Scott Owen	M		23:51
15	71	Dylan Rees	M		24:29
16	170	Zak Clitheroe	M		25:41
17	50	Dafydd Thomas	M		26:13
18	7	Joshua Liam Hughes	M		26:25
19	26	Dewi Griffiths	M		26:39
20	192	Dewi Lloyd	M		26:44
21	44	Owain Ellis Hughes	M		26:52
22	65	Martin Jones	M		27:12
23	5	Leentje van Bergen	F		27:50
24	51	Sandra Logan	F		27:55
25	22	Elin Davies Foulkes	F		27:58
26	173	Sioned Jones	F		28:05
27	69	Elen Gwynne	F		28:07
28	6	Julia Snowden	F		28:11
29	184	Robert Andrews Wood	M		28:29
30	181	Michelle Garner	F		28:55
31	55	Ceindeg Fflur Arwel	F		28:56
32	67	Ffion Wyn Jones	F		28:56
33	53	Eleri Stephen	F		28:58
34	177	Bethan Daltin	F		29:16
35	175	Chloe Owen	F		29:19
36	198	Gwenan Wyn Williams	F		29:35
37	13	Helen Horton	F		29:50
38	172	Chris Hiller	M		30:00
39	193	Edward Fish	M		30:00
40	49	Gwenli Thomas	F		30:17
41	61	Kathryn Hewitt	F		30:52
42	70	Sian L. Thomas	F		31:01
43	174	Scott Christie	M		31:15
44	54	Arwel Stephen	M		31:23
45	17	Matthew Walker	M		31:25
46	176	Ffion Bourton	F		32:07
47	52	Bethan M. Owen	F		32:07
48	30	Eira Hughes	F		32:24
49	32	Sue Bracegirdle	F		32:39
50	68	Huw Marshall	M		32:43
51	15	Emma Kynaston	F		32:47
52	16	Laura Walker	F		32:51
53	25	Gwenda Marshall	F		33:16
54	194	Julie Williams	F		33:36
55	190	Alison Parry	F		33:40
56	186	Mandy Baines	F		34:03
57	43	Rhian Hughes	F		34:24
58	31	Theresa Hughes	F		35:02
59	180	Sandra Kay	F		35:08
60	187	Mandy Farrimond	F		35:08
61	24	Llinos Davies	F		35:13
62	197	Gwennan Anne Hughes	F		35:13
63	35	Andrea Davies	F	Tri 4 Life Ladies	35:16
64	74	Dinah Ellis	F		35:52
65	59	Edward Gethin Rowlands	M		36:42
66	171	Sarah Clitheroe	F		38:05
67	9	Yvonne Owen	F		38:12
68	18	Ingrid Bialozynska	F		39:54
69	19	Konrad Bialozynski	M		39:54
70	40	Jenny Boye	F		41:38
71	72	Nia Jones	F		41:38
72	73	Glenys Campbell	F		41:38
73	200	Eliizabeth Margaret Jones	F		45:13
74	188	Louise Griffith	F		45:27
75	195	Eric Gray-Thomas	M		46:50
76	37	Joan Davies	F		48:43
77	38	Isabel Williams	F		48:43

78	185	Alan Andrews	M	48:43
79	60	Gethin Vaughan Jones	M	49:40
80	58	Gwenda Marian Rowlands	F	49:41
81	39	Margaret Bradbury	F	49:44
82	36	Angela Williams	F	49:49
83	189	W. Sharp	M	49:50
84	182	John Llewelyn Pritchard	M	49:52
85	45	Nest Bowl	F	53:34
86	46	Cathryn Wood	F	53:34
87	62	Iola Medi	F	53:34
88	63	Eirlys Mai Owen	F	53:42
89	64	Rhianwen Mai Jones	F	53:42
90	183	Heather Owen	F	54:10
91	28	Gwen Hughes	F	54:11
92	29	Anwen McCarney	F	54:12
93	166	Glenys Wood	F	54:26
94	167	Rhian Wood	F	54:26