

## Full Results for the 2005 Brecon 10 mile Road Race.

Pos	Time	No	Name	M/F	Cat	Club
1	0:50:57	405	Richard Gardiner	M		Cardiff A A C
2	0:57:08	338	Stuart Crees	M		Les Croupiers
3	0:57:21	333	Alun Wood	M		Bridgend A C
4	0:57:48	367	Stephen Paterson	M		Pegasus R C
5	0:58:35	167	James Buis	M		Lordshill R R
6	0:58:58	84	Paul Talbot	M		Neath Ac
7	0:59:12	169	Martin Shaw	M		Brecon A C
8	0:59:36	283	Peter Butterworth	M	50	Clayton Le Moors
9	0:59:47	124	Martin Pigott	M	50	Great Yarmouth R R
10	1:00:03	426	Crispin Flaver	M		Brecon A C
11	1:00:08	66	Lee Aherne	M		Club 69
12	1:00:24	412	Martin Pengilly	M		Chepstow Harrs
13	1:01:12	327	Mick Tabor	M	50	San Domenico
14	1:01:22	240	David Davies	M	40	Spatans
15	1:01:46	244	Philip Kendrick	M	40	
16	1:01:57	366	Andy Cleves	M		Les Croupiers
17	1:02:01	259	Ronald Morris	M	50	San Domenico
18	1:02:13	120	Paul Phillips	M		Hay Hotfooters
19	1:03:05	387	Warwick Fortescue	M	40	Bitton R R
20	1:03:20	242	Michael Chandler	M	50	Pontypridd Roadents
21	1:03:41	150	Martin Loughnane	M	40	
22	1:03:43	279	Simon Lewis	M		Club 69
23	1:03:54	364	Jeff Rees	M	50	Neath Harrs
24	1:03:57	316	Andrew Baker	M	40	Rhondda Valley Runners
25	1:04:00	369	Gerard Crispie	M	40	Les Croupiers
26	1:04:01	393	Paul Murrin	M		Chepstow Harrs
27	1:04:04	307	Kevin Taylor	M	40	Amman Valley Harrs
28	1:04:06	60	Colin Davies	M	40	Brecon A C
29	1:04:22	138	John Diffey	M	40	Les Croupiers
30	1:04:37	370	Daniel James	M		Pontypridd Roadents
31	1:04:43	207	Matthew Lawson	M		Chepstow Harrs
32	1:04:43	139	Andrew Diffey	M		Bath A C
33	1:05:04	302	Phil Adams	M	40	Neath Harrs
34	1:05:27	262	Rob Kingdon	M		Bitton R R
35	1:05:44	409	Tom Matthews	M		Brecon A C
36	1:05:54	428	Cornelius Corcoran	M		Pontypridd Roadents
37	1:06:07	308	Mike Hegarty	M		Morpeth Harrs
38	1:06:22	163	Simon Richards	M	40	Great Western Runners
39	1:06:34	434	Dean Maison	M		Fairwater Runners
40	1:06:39	301	Derek Rainbird	M	50	Club 69
41	1:07:01	264	Barrie Buckland	M	60	
42	1:07:01	311	Craig Holland	M	40	Pontypridd Roadents
43	1:07:09	205	Lindsay Emyr	F	35	Cardiff A A C
44	1:07:12	158	Jos Jones	M		Bro Dysynni
45	1:07:15	286	Graeme Donnan	M	50	Les Croupiers
46	1:07:17	381	Kelsham Hanna	M		Rhayader A C
47	1:07:24	1	Adrian Pook	M		Hogweed Trotters
48	1:07:29	320	John Smewing	M	50	Swansea Harrs

49	1:07:30	43	Tony Howson	M		
50	1:07:33	157	David Lloyd	M	40	Les Croupiers
51	1:07:39	102	Christopher Matthews	M		
52	1:07:41	168	Keith Jellyman	M		
53	1:07:43	305	David Garlick	M	50	
54	1:07:44	188	Liam Hayward	M	40	
55	1:07:56	194	Richard Webster	M	50	3m's
56	1:07:57	330	Karen Smout	F		Horwich RMI Harrs
57	1:08:00	277	Lee Williams	M		
58	1:08:01	206	Ann Thomas	F	35	Trots
59	1:08:04	155	Andrew Spencer	M	40	Fairwater Runners
60	1:08:12	398	Neil Williams	M	40	
61	1:08:17	374	Angela Jones	F	35	Brecon A C
62	1:08:33	309	Brian Phillips	M	40	Club 69
63	1:08:38	360	David Loseby	M		Chepstow Harrs
64	1:08:46	222	Colin Green	M		Chepstow Harrs
65	1:08:55	323	Bridget Strong	F		
66	1:08:57	209	Dick Finch	M	60	Chepstow Harrs
67	1:09:00	300	Dave Roberts	M	40	Amman Valley Harrs
68	1:09:06	325	Bill Savage	M	50	Chepstow Harrs
69	1:09:29	253	Jason Scanlon	M		Pontypridd Roadents
70	1:09:30	288	Tim O'Sullivan	M	40	Les Croupiers
71	1:09:33	109	Andrew Boxhall	M		Brecon Multisport
72	1:09:40	237	Daniel Tracey	M		
73	1:09:48	284	Alison Nicholls	F	35	Brecon A C
74	1:09:50	297	James Wade	M	40	Bitton R R
75	1:09:52	260	James Delaney	M	50	San Domenico
76	1:09:53	430	Pete Lloyd	M		3m's
77	1:09:54	95	Paul Sullivan	M	40	Pontypridd Roadents
78	1:09:57	336	Michael Hodges	M	50	Spatans
79	1:09:58	272	Alan Mann	M	40	Les Croupiers
80	1:10:00	414	Susannah Bulpin	F		San Domenico
81	1:10:13	318	Malcolm Howells	M	60	Sospan R R
82	1:10:22	433	Adam Shepherd	M		
83	1:10:36	162	Cyril Walters	M	50	Trots
84	1:10:41	161	Gregg Powell	M	40	
85	1:10:49	368	Martin Buck	M	40	Brecon Multisport
86	1:10:52	382	Ian Davies	M	50	
87	1:11:00	213	Andy Ost	M		Chepstow Harrs
88	1:11:02	79	Mike Tate	M		Multisport
89	1:11:08	359	Ian Wade	M	40	Chepstow Harrs
90	1:11:25	248	Howard Thomas	M	40	Club 69
91	1:11:29	334	Ray Davies	M	40	Pontypridd Roadents
92	1:11:30	87	Phillip Howells	M	50	Tewkesbury A C
93	1:11:32	32	Barry French	M		Brecon Multisport
94	1:11:37	251	Daman Jukes	M		Club 69
95	1:11:44	250	Carl Hamer	M		Club 69
96	1:11:53	422	Ieuan Davies	M	45	Llandovery Roadents
97	1:11:54	342	Eirwyn Rees	M	40	
98	1:11:59	200	Marcus Coles	M		Les Croupiers
99	1:12:00	287	Lee Davies	M		Rhondda Valley Runners
100	1:12:02	436	David Townhill	M		Brecon Multisport
101	1:12:04	314	Stephen Jones	M	40	Islwyn R C
102	1:12:05	215	Geraint Williams	M		Pontypridd Roadents

103	1:12:09	294	Nigel Griffiths	M	40	
104	1:12:10	52	Daniel Matthews	M		
105	1:12:11	193	Rita Abrahamsen	F	35	Univ Of Wales Aberystwyth
106	1:12:13	391	Pete Rodger	M	40	Griffithstown Harrs
107	1:12:21	61	Philip Jones	M	40	
108	1:12:28	273	Mike Murphy	M	50	Les Croupiers
109	1:12:28	63	Ruth Davies	F		Les Croupiers
110	1:12:30	281	Philip Cowell	M	40	
111	1:12:38	57	Owain Jones	M		
112	1:12:49	384	Lorna Shaw	F	45	Chepstow Harrs
113	1:13:05	261	Mark Kingdon	M	40	Bitton R R
114	1:13:07	229	Philip Miller	M		
115	1:13:11	99999	Unknown Number	M		
116	1:13:12	156	Chris Martin	M	40	Rhayader A C
117	1:13:16	263	Derek Price	M	50	
118	1:13:17	357	Andy Barnes	M	40	R R C
119	1:13:24	113	Geraint Evans	M		
120	1:13:26	402	Darren Stevens	M		
121	1:13:36	252	Ceri-Anne davies	F	35	Pontypridd Roadents
122	1:13:37	165	Rhys Goodhead	M		
123	1:13:42	83	Ben Brookshaw	M		Stubbington Green A C
124	1:13:45	349	David Allen	M	40	Wye Valley Runners
125	1:13:50	217	Richard Brewer	M	50	Les Croupiers
126	1:13:51	166	Clare Hamson	F		Lordshill R R
127	1:13:51	134	Mick Olivant	M	50	Highworth R C
128	1:14:26	154	Derek Graves	M	60	Hart R R
129	1:14:32	321	Jeffrey Davies	M		
130	1:14:32	312	Richard Holland	M		Pontypridd Roadents
131	1:14:41	275	Bernie Monk	M	60	Club 69
132	1:14:44	119	Margaret McLachlan	F	35	
133	1:14:50	397	Michael Flood	M		
134	1:15:05	123	Stuart Leaney	M		
135	1:15:13	324	Ros Tabor	F	55	Dulwich Runners
136	1:15:13	328	Andy Murray	M	50	Dulwich Runners
137	1:15:17	45	John Williams	M	50	
138	1:15:25	179	Jenny Hart	F		3m's
139	1:15:39	332	Lee Clements	M		
140	1:15:48	375	Larry Burford	M	40	Pegasus R C
141	1:15:48	376	Gareth Evans	M		
142	1:15:54	22	Deborah Green	F		
143	1:16:01	201	Stephen Christie	M		
144	1:16:06	110	Philip Hoskins	M	40	
145	1:16:09	317	Gregory Perkins	M	50	Telford A C
146	1:16:14	91	Sue Ashton	F	45	Chepstow A C
147	1:16:18	15	Paul Evans	M		
148	1:16:21	239	Mark Williams	M	40	Sospan R R
149	1:16:26	101	Darren Marshman	M		
150	1:16:29	313	Trystan Edwards	M		
151	1:16:36	424	Jenny Hughes	F		Les Croupiers
152	1:16:38	51	Stephen Segan	M	40	Pontypridd Roadents
153	1:16:55	224	Andrew Owen	M	40	
154	1:16:58	351	Mike Price	M		
155	1:16:59	246	James Bruce	M		Pegasus R C
156	1:17:04	440	M Edwards	M		Wye Valley Runners

157	1:17:11	343	Eddie Goodridge	M	50	
158	1:17:13	137	Matthew Albrighton	M		Paa/aaa
159	1:17:20	306	Ray James	M	40	Port Talbot Harrs
160	1:17:22	190	Nick Farrington Darby	M		
161	1:17:25	164	Veronica Ford	F	45	Great Western Runners
162	1:17:30	74	Heather Engley	F		Southampton R C
163	1:17:30	104	Andrew Sparks	M		
164	1:17:41	129	Michael Kedde	M		
165	1:17:43	247	Glyn Price	M		
166	1:17:46	418	Andrew Westlake	M	40	Presteigne Pacers
167	1:17:52	295	Robert Wilson	M	40	Penarth & Dinas
168	1:17:56	271	Loretta Daley	F	35	Cardiff A A C
169	1:18:02	93	Terry Fenton	M	40	
170	1:18:08	107	Andrew Mason	M		
171	1:18:10	427	Nicola Baker	F	35	Les Croupiers
172	1:18:12	130	Nicole Jaques	F		
173	1:18:14	356	Sarah Swaysland	F		R R C
174	1:18:16	353	Andrew J Williams	M	50	Billys
175	1:18:21	186	Simon Hayward	M		
176	1:18:27	438	Ann Wyatt	F		Westbury Harrs
177	1:18:28	347	Elvet Jones	M	50	Brecon A C
178	1:18:33	404	Rowena Melbourne	F		Trots
179	1:18:36	380	Jemma Ward	F		Les Croupiers
180	1:18:43	447	Lee Phelps	M		Forest Of Dean A C
181	1:18:51	172	Stephen Katchi	M		
182	1:18:53	315	Mandy Jones	F	45	Islwyn R C
183	1:18:57	416	Kevin Russel	M	40	South Wales Police
184	1:18:59	219	Gareth John	M	50	Les Croupiers
185	1:19:10	121	Paul Taylor	M		
186	1:19:14	77	Vejendran Ponniah	M		
187	1:19:18	293	John Cunnane	M	50	100km Association
188	1:19:21	335	T Stein	M		
189	1:19:21	216	Aled Jones	M		
190	1:19:30	331	David Smout	M	50	Abertillery Achilles
191	1:19:32	437	Steve Hill	M	50	Chepstow Harrs
192	1:19:35	199	Phil Turner	M		Halifax Harrs & A C
193	1:19:36	446	Mike Jones	M		
194	1:19:38	417	Lisa Cleary	F	35	Penarth & Dinas
195	1:19:40	350	Helen Duffield	F		Chepstow Harrs
196	1:19:43	258	Steven Morgan	M		Brecon Multisport
197	1:19:44	227	Stuart Williams	M		
198	1:19:46	322	Leslie Patterson	M	40	
199	1:19:49	296	Paul Rowe	M	40	
200	1:19:51	8	John Harries	M	50	
201	1:19:59	392	Robert Davies	M		Rhondda Valley Harrs
202	1:20:00	25	Emma Simpkins	F	35	Amman Valley Harrs
203	1:20:05	136	Kevin O'donnell	M		
204	1:20:12	26	Chris Williams	M	40	
205	1:20:24	100	Barbara Owens	F	35	Presteigne Pacers
206	1:20:30	234	Sarah McCarthy	F		Les Croupiers
207	1:20:32	329	Peter Young	M	50	
208	1:20:35	176	Jonathan Morris	M		Club Sportif Pontsenni
209	1:20:37	254	Rich Barnes	M	40	
210	1:20:45	233	Jonathan Green	M		

211	1:20:49	88	Ian Henton	M		Multisport
212	1:20:51	98	John Cooper	M	60	Presteigne Pacers
213	1:20:53	445	Richard McKie	M		Amman Valley Harrs
214	1:20:58	36	Sue Kersley	F	35	Brecon Multisport
215	1:20:59	319	Gary Robinson	M		
216	1:21:05	21	Alex Williams	M		
217	1:21:17	389	Tony Holloway	M	50	
218	1:21:20	197	Carole Jones	F	45	Brecon A C
219	1:21:21	354	Mike Barham	M	60	
220	1:21:44	12	Lynn Davies	M		Brecon Multisport
221	1:21:57	126	Syd Wheeler	M	60	Chepstow Harrs
222	1:21:57	149	Richard Saunders	M		
223	1:22:22	400	Anthony Shaw	M	50	Chepstow Harrs
224	1:22:26	282	Steve Press	M		Wecori
225	1:22:33	221	Paul Francis	M	40	
226	1:22:40	73	Cathy Lawford	F	35	Hay Hotfooters
227	1:22:40	396	Paul Edwards	M	40	
228	1:22:42	241	Andrew Sedgmond	M	50	Les Croupiers
229	1:22:45	117	Sue Neal	F	45	Les Croupiers
230	1:23:01	99	Cynthia Cooper	F	55	Presteigne Pacers
231	1:23:04	132	David Benson	M		
232	1:23:06	187	Lynda Hayward	F	35	
233	1:23:08	385	Neil Pillinea	M		
234	1:23:09	303	Jeff Harvey	M	50	
235	1:23:31	118	Katie Beecher	F		
236	1:23:32	94	Brenda Avery	F	45	
237	1:23:35	441	Richard Edwards	M		
238	1:23:38	72	Jo Lord	F	35	Hay Hotfooters
239	1:23:39	228	Richard Davies	M		
240	1:23:40	278	Paul Momsimonic	M		
241	1:23:41	208	Vanessa Lawson	F		Chepstow Harrs
242	1:23:45	371	Gerad Hughes	M	50	
243	1:23:46	270	L Heech	M	40	
244	1:23:48	337	Margaret Hodges	F	45	Spatans
245	1:23:53	71	Christina Rossiter	F	35	
246	1:23:54	195	Geoff Bayliss	M	50	Chepstow Harrs
247	1:24:02	23	Mark Jennings	M		
248	1:24:12	276	Margaret Monk	F	45	Club 69
249	1:24:21	326	Joey Simpson	M		
250	1:24:24	383	Neil Thomas	M		Islwyn R C
251	1:24:26	135	Edward A P Williams	M		Hay Hotfooters
252	1:24:33	198	Noel Williams	M		
253	1:24:40	38	Stephen Bartlett	M	40	R R C
254	1:24:42	255	Kevin Christie	M	40	Coventry Saracens
255	1:24:47	152	David Mann	M	40	Presteigne Pacers
256	1:24:57	44	Robin Parsons	M	60	Lliswerry Runners
257	1:25:02	298	Doran Rogers	M	60	
258	1:25:02	10	Stephen Hunt	M	50	
259	1:25:08	290	Richard Sharpe	M	40	
260	1:25:13	299	Gareth Evans	M	40	
261	1:25:19	256	Ken Davies	M	60	
262	1:25:29	80	Chris Jones	M	40	
263	1:25:38	97	Cameron Cook	M		Abergavenny Leisure Centre
264	1:25:48	267	Anne Marie Evans	F		Club 69

265	1:26:00	230	Keith Verheyden	M	40	
266	1:26:15	365	John L Pask	M	60	Islwyn R C
267	1:26:24	173	Gary Mascetti	M	50	Neath Harrs
268	1:26:26	439	R Adams	M	40	Westbury Harrs
269	1:26:38	106	Hannah Jarvis	F		Les Croupiers
270	1:26:44	211	Howard Jones	M	40	Brackla Harrs
271	1:26:45	19	Andres Bushell	F		
272	1:26:49	218	Paul Pearson	M	40	
273	1:26:50	7	Paula Ace	F	35	
274	1:26:59	269	M McGowan	M		
275	1:27:03	425	Wyn Innes	M	40	
276	1:27:07	407	Anna Nicholas	F		
277	1:27:07	411	Martin Browne	M		
278	1:27:16	249	Julian Owens	M		
279	1:27:23	406	Keith Lowther	M		San Domenico
280	1:27:38	388	Don Barry	M	50	
281	1:27:40	442	J Davies	F	35	Dinas & Penarth
282	1:27:43	90	Gerry Ashton	M	50	Chepstow A C
283	1:27:54	174	Micheal Richards	M	60	Neath Harrs
284	1:28:05	58	Tom Rogers	M	40	North Staffs Road Running Ass
285	1:28:07	245	Suzanne Kendrick	F	35	
286	1:28:08	159	David West	M		
287	1:28:10	401	D Jenkinson	M	40	
288	1:28:12	415	Mr Parker	M	60	Islwyn R C
289	1:28:21	443	laura Thom	F		Westbury Harrs
290	1:28:24	265	Samantha Hatton	F	35	
291	1:28:35	16	Kevin O'leary	M	40	
292	1:28:43	348	Kate Hovers	F	45	Brecon A C
293	1:28:51	13	Aranka Pratt	F	55	
294	1:28:57	47	Stephen Witts	M	40	
295	1:29:01	64	Lisa Berry	F		
296	1:29:03	289	Hayley Abraham	F		
297	1:29:07	11	Adele Davies	F	35	Brecon A C
298	1:29:09	435	Keith Moore	M	50	
299	1:29:14	33	Lucy Porter	F		Dudley Kingswinford
300	1:29:34	196	Jane Bayliss	F	45	Chepstow Harrs
301	1:29:37	431	Nigel Jones	M	50	
302	1:29:40	395	Huw Davies	M	40	
303	1:29:49	413	Rebecca Martin	F		
304	1:30:03	92	John Mills	M	50	
305	1:30:07	28	Katy Price	F		
306	1:30:07	29	Victoria Warwick	F		Les Croupiers
307	1:30:14	394	Huw Thomas	M	50	
308	1:30:20	420	Tara Jackson	F	35	
309	1:30:40	127	Vicki Cummings	F		
310	1:30:48	410	Ann Davies	F	45	Pontypridd Roadents
311	1:31:06	373	Eleri Rogers	F		
312	1:31:23	419	Annette Hughes	F	45	
313	1:31:23	143	Sean Reed	M		
314	1:31:35	112	Clive Evans	M	60	
315	1:31:39	180	Edward Newman	M	50	
316	1:32:04	114	Cheryl Lehany-Davies	F	35	Hay Hotfooters
317	1:32:06	65	David Wood	M		
318	1:32:14	34	Kevin Samuel	M	40	Bitton R R

319	1:32:28	285	Mark Jenkinson	M		
320	1:32:31	429	Sandie Wilson	F		Les Croupiers
321	1:32:37	238	James Johnson	M	60	
322	1:33:02	379	Brett Regulski	M	40	Chepstow Harrs
323	1:33:08	358	Robert East	M	50	
324	1:33:11	212	Sue Ost	F		Chepstow Harrs
325	1:33:16	444	Anna Parry	F	45	Amman Valley Harrs
326	1:33:17	27	Victoria Reid	F		
327	1:33:17	148	Kay Reid	F		
328	1:33:19	390	Nigel Brinn	M		
329	1:33:30	386	Owen Coxall	M		
330	1:33:36	153	Sue Graves	F	55	Hart R R
331	1:33:58	81	Elizabeth Turner	F		
332	1:34:20	147	Thomas Murphy	M	40	
333	1:34:26	105	Hanneke Van Der Werf	F	35	
334	1:34:30	421	Sian Brown	F	45	
335	1:34:32	151	Tracey Newman	F	35	Les Croupiers
336	1:34:34	344	Neil Lewis	M	40	Mumbles Milers
337	1:34:35	85	Shaun Emms	M	60	Hay Hotfooters
338	1:34:37	280	Claire Cowell	F		
339	1:34:40	181	David Tapper	M	60	Islwyn R C
340	1:34:59	408	Neil Middleton	M		
341	1:35:02	232	Stephen Butcher	M	40	
342	1:35:13	128	Jason Morrissey	M	40	
343	1:35:19	339	Amanda Jayne Bayliss	F		Sospan R R
344	1:35:26	268	Mike Ashton	M		
345	1:35:28	125	Richard Jones	M		
346	1:35:30	355	Fiona Neill	F	35	Mumbles Milers
347	1:35:32	3	Jon Andersen	M	40	Brecon Multisport
348	1:35:44	53	Anne Roberts	F	45	
349	1:35:55	42	Louise Howson	F		
350	1:36:18	362	Jennifer Roberts	F	55	Brecon A C
351	1:36:46	191	Kathryn John	F	35	
352	1:36:49	55	Sarah Deaves	F		
353	1:36:57	204	Jonathan Jones	M		
354	1:37:22	86	Steve Flook	M	50	
355	1:37:30	178	Trudi Farrington Darby	F		
356	1:37:39	214	Kath Crane	F	55	Brecon A C
357	1:37:57	372	Rhian Rogers	F		
358	1:38:23	304	Phil Allen	M	40	
359	1:38:38	266	R J Edwards	M	50	Amazing Feet
360	1:38:44	131	Robert Jaques	M	50	
361	1:38:44	82	Tina Lavelle	F	45	Hay Hotfooters
362	1:38:48	377	Irene Powell	F	45	
363	1:38:58	145	Linda Ridgeway	F	45	
364	1:39:21	17	Andrew Richards	M		
365	1:39:24	352	Paul Jones	M		Mumbles Milers
366	1:39:38	31	Roger Lewis	M		
367	1:40:07	243	Nigel Williams	M	40	
368	1:40:20	115	Geraldine Williams	F	35	Sospan R R
369	1:40:21	399	Roland Knight	M	50	Hengoed R R
370	1:41:07	423	Sian Stevenson	F	35	
371	1:41:43	363	Emyr Roberts	M	60	Brecon A C
372	1:42:08	341	Hugh Daniels	M		

373	1:42:09	340	Sian Daniels	F	35	
374	1:42:55	220	Chris Puddy	M	50	Hay Hotfooters
375	1:43:12	96	Kate Cook	F		Abergavenny Leisure Centre
376	1:43:36	70	Claire Carro	F	35	
377	1:44:05	142	Sian Turner	F	35	Worcester Joggers
378	1:44:32	175	Don Fearn	M	70	Brecon A C
379	1:44:35	182	Lyn Richards	M	40	
380	1:44:35	183	Odette Richards	F		
381	1:45:10	49	Helen Reeves	F		
382	1:45:12	116	Marie Bullingham	F	45	
383	1:45:25	9	Helen Hunt	F	55	
384	1:45:58	378	Joy Harper	F	45	
385	1:46:22	361	Tim Tames	M		Les Croupiers
386	1:46:30	67	Helen Keenan	F		
387	1:46:30	69	Lyndsey Ford	F		
388	1:47:37	144	Claire Milner	F	45	Hay Hotfooters
389	1:49:29	210	Neil Price	M	50	Islwyn R C
390	1:49:53	403	Catherine Llewellyn	F	40	
391	1:49:56	345	Keith Harris	M	40	Mumbles Milers
392	1:50:49	59	Denise Rogers	F	35	Norton Canes
393	1:51:48	68	Samantha Baker	F		
394	1:52:11	192	Laurnce Brophy	M	70	Bridgend A C
395	1:53:59	4	Susan Lapping	F	45	
396	1:54:15	274	Gill Murphy	F	45	
397	1:57:00	202	Alan Titlestad	M		
398	1:57:00	203	Lara Titlestad	F		
399	1:57:09	50	Hwyel Bowden	M		
400	1:59:26	5	Sarah Blake	F	45	
401	2:06:31	291	Elizabeth Walker	F		
402	2:06:31	292	Elaine Huntley	F		