

Gwent Cross Country League 2007-2008

9 February 2008 : Brecon Leisure Centre

Senior Men (202 Starters)

Pos	Athlete	Club	Time	Pts
1	M. Jennings	Cardiff Amateur Athletic Club	34.40	202
2	J. Thie	Cardiff Amateur Athletic Club	35.25	201
3	J. Mills	(23) University of Bath	36.08	200
4	I. Williams	Taf Running & Orienteering Teams	36.24	199
5	P. Matthews	Chepstow Harriers	36.37	198
6	A. Humphries	(23) Cwmbrian Harriers	36.54	197
7	A. Davies	(40) Brecon Athletic Club	37.06	196
8	N. Hardee	(40) Newport Harriers Athletic Club	37.11	195
9	C. Discombe	Les Croupiers Running Club	37.34	194
10	D. Moore	(45) Bristol and West Athletic Club	37.40	193
11	R. Atkins	Bridgend Athletic Club	37.51	192
12	A. Friend	(23) University of Wales Inst. Cardiff	38.18	191
13	P. Coles	(45) Pontypridd Athletic Club	38.26	190
14	A. Abbott	(35) Sarn Helen Orienteering & R. C.	38.36	189
15	J. Phillipson	(23) University of Bath	38.41	188
16	R. Bullen	(45) Les Croupiers Running Club	38.44	187
17	M. Cook	(23) University of Wales Inst. Cardiff	38.52	186
18	Phil Crane	(45) Neath Harriers	39.06	185
19	M. Gurmin	Abertillery Achilles Athletic Club	39.12	184
20	N. Frost	(45) Pontypridd Athletic Club	39.20	183
21	J. Gilling	(35) Wells and Yeovil	39.23	182
22	S. Mears	(23) University of Bath	39.34	181
23	E. Takata	Cardiff Amateur Athletic Club	39.41	180
24	R. Wallis	(50) Westbury Harriers	39.50	179
25	S. Smith	(45) Swansea Harriers Athletic Club	39.57	178
26	P. Talbot	(40) Neath Harriers	40.02	177
27	G. Price	(40) Sarn Helen Orienteering & R. C.	40.10	176
28	A. Deamer	(40) Wells and Yeovil	40.17	175
29	D. Vorres	(45) Griffithstown Harriers A. A. C.	40.22	174
30	J. Smith	(23) University of Bath	40.24	173
31	M. Pengilly	(40) Chepstow Harriers	40.26	172
32	C. Harrhy	(40) Lliswerry Runners	40.30	171
33	S. Walsh	(23) University of Bath	40.35	170
34	S. Osborne	(45) Bridgend Athletic Club	40.48	169
35	C. Hayward	(45) Brecon Athletic Club	40.50	168
36	P. Kendrick	(45) Brecon Athletic Club	40.58	167
37	P. Jenkins	(40) Bridgend Athletic Club	41.00	166
38	A. Glover	Westbury Harriers	41.04	165
39	P. Osborne	(45) Swansea Harriers Athletic Club	41.06	164
40	M. Webborn	(45) Swansea Harriers Athletic Club	41.07	163
41	M. McGeoch	(50) Les Croupiers Running Club	41.12	162
42	T. Bloodworth	(23) University of Wales Inst. Cardiff	41.14	161
43	Peter Crane	(45) Neath Harriers	41.15	160
44	T. Hindle	Brecon Athletic Club	41.16	159
45	M. Palser	Les Croupiers Running Club	41.18	158
46	M. Green	Thornbury Running Club	41.21	157
47	M. Tabor	(55) Les Croupiers Running Club	41.23	156
48	C. Thomas	(23) Sarn Helen Orienteering & R. C.	41.34	155
49	I. Webb	(50) Llanelli Amateur Athletic Club	41.36	154
50	R. Hunt	(45) Bridgend Athletic Club	41.44	153
51	C. Oxley	Newport Harriers Athletic Club	41.47	152
52	L. Hayward	(45) Brecon Athletic Club	41.57	151
53	N. Webb	(45) Les Croupiers Running Club	42.00	150
54	C. Bridges	(23) Team Bath	42.14	149
55	C. Fowler	(40) Brecon Athletic Club	42.16	148
56	K. Griffiths	(40) Taf Running & Orienteering Teams	42.18	147
57	D. Harris	Les Croupiers Running Club	42.24	146
58	R. Hopkins	Thornbury Running Club	42.27	145
59	A. Pitt	(45) Stroud & District Athletic Club	42.36	144
60	P. Bretherton	(23) University of Bath	42.38	143
61	I. McDonald	(40) San Domenico Road Runners Club	42.39	142
62	A. Baker	(40) Pontypridd Athletic Club	42.40	141
63	R. Hooper	(50) Westbury Harriers	42.44	140
64	A. Reynolds	(45) Neath Harriers	42.47	139
65	R. Pringle	Westbury Harriers	42.48	138
66	M. Townsend	(35) Les Croupiers Running Club	42.49	137
67	E. Willingham	Wells and Yeovil	42.56	136
68	J. Thorpe	(40) Great Western Runners	43.00	135
69	P. Coker	(50) Les Croupiers Running Club	43.07	134
70	J. Hogan	(45) Bristol and West Athletic Club	43.14	133
71	C. Walsh	Port Talbot Harriers & A. C.	43.15	132
72	C. Phillips	Taf Running & Orienteering Teams	43.17	131
73	K. Taylor	(45) Amman Valley Harriers	43.19	130
74	S. Coupe	(55) Sospian Road Runners	43.26	129
75	Jeff Thomas (ind)	(40) Bridgend Athletic Club	43.28	128
76	S. Johnston	(55) Les Croupiers Running Club	43.30	127
77	S. Harris	Chepstow Harriers	43.31	126
78	S. King	Aberystwyth Athletic Club	43.32	125
79	G. Hardman	(40) Bridgend Athletic Club	43.33	124
80	M. Dunscombe	(45) Sarn Helen Orienteering & R. C.	43.34	123
81	S. Bagguley	Cardiff University Harriers	43.35	122
82	P. Dyson	(45) Swansea Harriers Athletic Club	43.42	121
83	R. Morris	(50) San Domenico Road Runners Club	43.45	120
84	P. Sowerby	(40) Brecon Athletic Club	43.48	119
85	B. Griffiths	Bridgend Athletic Club	43.49	118
86	P. Chan	(40) Great Western Runners	43.50	117
87	S. Barnes	Stroud & District Athletic Club	43.51	116
88	D. Hardie	(45) 3M Gorseinon Road Runners	43.53	115
89	D. Scarborough	(50) Bridgend Athletic Club	43.54	114
90	R. Coombes	(40) Taf Running & Orienteering Teams	43.59	113
91	D. McAtee	(45) Newport Harriers Athletic Club	44.11	112
92	S. Reeves	(35) Les Croupiers Running Club	44.14	111
93	N. Langridge	(55) Thornbury Running Club	44.18	110
94	N. Rees	(45) Les Croupiers Running Club	44.20	109
95	S. Adams	(35) Westbury Harriers	44.21	108
96	I. Teed	Chepstow Harriers	44.22	107
97	G. Cullen	Bristol and West Athletic Club	44.26	106
98	P. Meyler	(50) Pontypridd Athletic Club	44.28	105
99	B. Tyrrell	(50) Thornbury Running Club	44.32	104
100	C. Blackmore	Cardiff Harlequins	44.36	103
101	M. Davies	(45) Lliswerry Runners	44.39	102
102	M. Emery	Bridgend Athletic Club	44.48	101
103	K. Jackson	(45) Dursley & District Athletic Club	44.51	100

104	L. Davies	(35)	Pontypridd Athletic Club	45.04	99
105	J. Jones		Aberystwyth Athletic Club	45.08	98
106	T. Jeffries	(60)	Westbury Harriers	45.22	97
107	R. Appleby	(40)	Wells and Yeovil	45.27	96
108	M. Adams	(50)	Taf Running & Orienteering Teams	45.31	95
109	S. Marsh	(55)	Wells and Yeovil	45.45	94
110	J. Diffey	(40)	Les Croupiers Running Club	45.54	93
111	H. Lloyd	(35)	Sarn Helen Orienteering & R. C.	45.56	92
112	J. Hargreaves	(50)	Great Western Runners	45.59	91
113	C. Ashworth	(50)	Dursley & District Athletic Club	46.02	90
114	D. Hughes	(40)	Bridgend Athletic Club	46.05	89
115	M. Longhurst	(50)	Great Western Runners	46.11	88
116	D. Davies	(55)	Neath Harriers	46.15	87
117	G. Howe	(50)	3M Gorseinon Road Runners	46.19	86
118	H. Mason	(40)	Caerleon Running Club	46.34	85
119	J. Embling	(50)	Bridgend Athletic Club	46.46	84
120	D. Bright	(50)	Les Croupiers Running Club	46.57	83
121	H. Evans	(55)	Amman Valley Harriers	47.10	82
122	S. Brace	(45)	Bridgend Athletic Club	47.20	81
123	B. Savage	(55)	Chepstow Harriers	47.24	80
124	D. Osborne	(40)	Brecon Athletic Club	47.34	79
125	P. Holder	(40)	Cardiff Harlequins	47.38	78
126	M. Willcox	(55)	Great Western Runners	47.40	77
127	S. Wadley	(45)	Newport Harriers Athletic Club	47.45	76
128	C. Walters	(60)	Taf Running & Orienteering Teams	47.48	75
129	C. Corcoran	(35)	Pontypridd Athletic Club	47.50	74
130	M. Davies	(55)	Les Croupiers Running Club	47.53	73
131	R. Guast	(23)	Cardiff University Harriers	47.56	72
132	L. Chapman	(55)	Amman Valley Harriers	47.57	71
133	R. Fowler	(60)	Amman Valley Harriers	48.00	70
134	M. James	(60)	Les Croupiers Running Club	48.06	69
135	M. Jefferies	(40)	Chepstow Harriers	48.08	68
136	M. Harris	(50)	Westbury Harriers	48.11	67
137	G. Barlow	(50)	3M Gorseinon Road Runners	48.12	66
138	P. Wright	(60)	Wells and Yeovil	48.21	65
139	M. Evans		Taf Running & Orienteering Teams	48.22	64
140	P. Thomas	(40)	Thornbury Running Club	48.23	63
141	K. Logue		Brecon Athletic Club	48.29	62
142	G. Sansom	(40)	San Domenico Road Runners Club	48.33	61
143	S. Davidson	(55)	Bridgend Athletic Club	48.44	60
144	G. Donnan	(50)	Les Croupiers Running Club	48.56	59
145	P. Day	(50)	Lliswerry Runners	49.02	58
146	J. Aston	(60)	Les Croupiers Running Club	49.11	57
147	D. Thomas		3M Gorseinon Road Runners	49.17	56
148	B. Mogford	(45)	Amman Valley Harriers	49.31	55
149	B. O'Leary		Amman Valley Harriers	49.39	54
150	G. Torrington	(35)	Westbury Harriers	49.45	53
151	B. Gough	(65)	Pontypridd Athletic Club	49.47	52
152	J. Griffiths	(50)	Cardiff Harlequins	49.53	51
153	C. Davies	(50)	Lliswerry Runners	50.00	50
154	M. Dunne	(45)	Thornbury Running Club	50.02	49
155	J. Crutcher	(55)	Bridgend Athletic Club	50.10	48
156	N. Tatnell	(50)	Les Croupiers Running Club	50.12	47
157	D. Smout	(55)	Abertillery Achilles Athletic Club	50.14	46
158	P. Evans		Brecon Athletic Club	50.18	45
159	S. Bendle	(40)	3M Gorseinon Road Runners	50.28	44
160	A. Perkins	(55)	Port Talbot Harriers & A. C.	50.39	43
161	H. Mizel	(23)	Guest	50.47	Guest
162	N. Chipper	(45)	Lliswerry Runners	50.53	42
163	J. Collins	(70)	Swansea Harriers Athletic Club	50.56	41
164	S. Alexander	(40)	Les Croupiers Running Club	51.02	40
165	S. Burgon	(50)	Guest	51.04	Guest
166	G. Trueman	(55)	Stroud & District Athletic Club	51.14	39
167	T. Myers	(50)	Great Western Runners	51.16	38
168	G. Crump	(45)	Bristol and West Athletic Club	51.20	37
169	M. Roblin	(40)	Carmarthen & District Harriers A.C.	51.36	36
170	B. Dias		Cardiff University Harriers	51.46	35
171	M. Dix	(50)	Les Croupiers Running Club	51.54	34
172	D. Shields	(40)	San Domenico Road Runners Club	52.00	33
173	N. Pringle	(45)	Lliswerry Runners	52.10	32
174	L. Rees	(55)	Sarn Helen Orienteering & R. C.	52.14	31
175	R. Bailey	(50)	Team Bath	52.21	30
176	S. Merrick	(40)	Swansea Harriers Athletic Club	52.27	29
177	P. Morfey	(50)	Cardiff Harlequins	52.58	28
178	G. Jenkins	(40)	Amman Valley Harriers	53.07	27
179	S. Williams	(50)	Les Croupiers Running Club	53.13	26
180	P. Roberts	(50)	Griffithstown Harriers A. A. C.	53.34	25
181	J. Davies	(55)	Port Talbot Harriers & A. C.	53.50	24
182	C. Bennett	(55)	Great Western Runners	53.54	23
183	R. Hobbs	(60)	Dursley & District Athletic Club	53.58	22
184	A. Taylor	(50)	Caerleon Running Club	54.06	21
185	M. Bennett	(55)	Great Western Runners	54.32	20
186	H. Jones	(50)	Pembrokeshire Harriers	54.54	19
187	B. Burgess	(50)	Lliswerry Runners	55.43	18
188	R. Sherwood	(60)	Amman Valley Harriers	56.27	17
189	S. Wheeler	(70)	Chepstow Harriers	57.48	16
190	D. Finch	(60)	Chepstow Harriers	58.14	15
191	R. Ward		Caerleon Running Club	58.49	14
192	A. Dagger	(60)	Great Western Runners	59.38	13
193	I. Swanson	(55)	Port Talbot Harriers & A. C.	62.04	12

Gwent Cross Country League 2007-2008

9 February 2008 : Brecon Leisure Centre

Senior Women (103 Starters)

Pos	Athlete	Club	Time	Pts
1	K. Humphreys	Cardiff Amateur Athletic Club	24.56	103
2	R. Ace	Taf Running & Orienteering Teams	25.42	102
3	J. Moore	(40) Wells and Yeovil	25.53	101
4	E. Ridley	(23) University of Wales - Swansea	26.26	100
5	R. Barry	(23) University of Wales Inst. Cardiff	26.28	99
6	M. Watson	(40) Taf Running & Orienteering Teams	26.36	98
7	L. Barker	Aberystwyth Athletic Club	26.50	97
8	L. Gallagher	Westbury Harriers	26.52	96

9	S. Mulligan		Chepstow Harriers	27.06	95
10	R. Tyler	(23)	Cardiff University Harriers	27.13	94
11	I. Taylor	(35)	3M Gorseinon Road Runners	27.21	93
12	L. O'Duffy	(35)	Les Croupiers Running Club	27.29	92
13	J. Fifield		Stroud & District Athletic Club	27.35	91
14	R. Merriman	(35)	Chepstow Harriers	27.41	90
15	R. Richards	(23)	Brecon Athletic Club	27.47	89
16	S. Haikala	(35)	Brecon Athletic Club	27.51	88
17	J. Phillips	(40)	Llanelli Amateur Athletic Club	27.54	87
18	K. Beecher		Les Croupiers Running Club	27.55	86
19	M. Bowen-Rees	(45)	Taf Running & Orienteering Teams	27.57	85
20	M. Zubizaretta	(35)	Les Croupiers Running Club	28.02	84
21	C. Jones		Carmarthen & District Harriers A.C.	28.16	83
22	J. Coker	(45)	Les Croupiers Running Club	28.19	82
23	H. Marshall		Aberystwyth Athletic Club	28.23	81
24	D. Kendall		Westbury Harriers	28.27	80
25	W. Boon	(45)	Les Croupiers Running Club	28.43	79
26	T. Elson		Westbury Harriers	28.49	78
27	K. Britten		Clevedon Athletic Club	28.51	77
28	J. Scholey	(45)	Les Croupiers Running Club	29.02	76
29	K. Hatherall		Clevedon Athletic Club	29.04	75
30	L. Smith		Westbury Harriers	29.05	74
31	J. Ross		Thornbury Running Club	29.08	73
32	L. Summers	(35)	Chepstow Harriers	29.16	72
33	M. Gittoes		Brecon Athletic Club	29.18	71
34	G. Hardman	(40)	Bridgend Athletic Club	29.20	70
35	S. Phillips	(45)	Swansea Harriers Athletic Club	29.21	69
36	L. Eynon	(45)	Taf Running & Orienteering Teams	29.23	68
37	M. Prout	(40)	Bridgend Athletic Club	29.32	67
38	S. Holley		Thornbury Running Club	29.37	66
39	K. Winstone	(23)	Westbury Harriers	29.49	65
40	C. Cleathero		Taf Running & Orienteering Teams	29.53	64
41	H. Marriott		Clevedon Athletic Club	29.55	63
42	F. Williams	(40)	San Domenico Road Runners Club	29.59	62
43	L. Hayward	(45)	Brecon Athletic Club	30.04	61
44	C. Moseley		Port Talbot Harriers & A. C.	30.05	60
45	E. Brown		Thornbury Running Club	30.06	59
46	C. Gardner	(35)	Les Croupiers Running Club	30.12	58
47	L. Thomas		Amman Valley Harriers	30.13	57
48	A. Saycell		Aberystwyth Athletic Club	30.19	56
49	A. Potts	(23)	University of Wales Inst. Cardiff	30.39	55
50	G. Hall		Clevedon Athletic Club	30.41	54
51	F. Davies	(50)	Bridgend Athletic Club	30.52	53
52	G. Kellam	(45)	Les Croupiers Running Club	30.56	52
53	A.N. Unknown		Caerleon Running Club	31.16	51
54	L. Miskell	(35)	3M Gorseinon Road Runners	31.23	50
55	E. Gonzalez		Westbury Harriers	31.25	49
56	Y. Bullen	(40)	Les Croupiers Running Club	31.28	48
57	A.N. Unknown		Caerleon Running Club	31.40	47
58	G. Smith	(40)	Swansea Harriers Athletic Club	31.47	46
59	N. Law	(35)	Brecon Athletic Club	31.50	45
60	S. Edwards		Chepstow Harriers	31.52	44
61	C. Lloyd	(45)	Swansea Harriers Athletic Club	31.55	43
62	E. Gibson	(23)	University of Wales - Swansea	31.58	42
63	M. Palmer	(55)	Westbury Harriers	32.00	41
64	J. Oakley	(40)	Port Talbot Harriers & A. C.	32.07	40
65	L. Ashton		Les Croupiers Running Club	32.17	39
66	C. Dallimore	(50)	Les Croupiers Running Club	32.20	38
67	C. Sandles	(40)	3M Gorseinon Road Runners	32.26	37
68	B. Tucker	(40)	Brecon Athletic Club	32.30	36
69	A. James	(55)	Les Croupiers Running Club	32.41	35
70	A. Rowell	(50)	Taf Running & Orienteering Teams	32.55	34
71	J. Mills	(50)	Thornbury Running Club	33.00	33
72	A. Nicholls	(40)	Brecon Athletic Club	33.53	32
73	S. Neal	(55)	Les Croupiers Running Club	34.28	31
74	C. Davies	(23)	Sarn Helen Orienteering & R. C.	35.04	30
75	V. Clare	(50)	Lliswerry Runners	35.11	29
76	R. Davies	(55)	Great Western Runners	35.16	28
77	A.N. Unknown		Caerleon Running Club	35.23	27
78	M. Phillips	(35)	Amman Valley Harriers	35.32	26
79	P. Thomas	(65)	Taf Running & Orienteering Teams	35.41	25
80	C. Johnson	(60)	Les Croupiers Running Club	36.27	24
81	H. Manley		Bridgend Athletic Club	37.21	23
82	A. Mogford	(40)	Amman Valley Harriers	37.34	22
83	J. Roberts	(55)	Brecon Athletic Club	38.06	21
84	J. Davies	(50)	Lliswerry Runners	38.14	20
85	J. Mogford		Amman Valley Harriers	38.17	19
86	S. Richards	(50)	Brecon Athletic Club	38.39	18
87	S. Myers	(55)	Great Western Runners	38.41	17
88	A. Neal	(50)	Les Croupiers Running Club	39.22	16
89	K. Crane	(65)	Brecon Athletic Club	39.28	15
90	M. Rowson	(55)	Les Croupiers Running Club	39.38	14
91	P. Parr	(55)	Great Western Runners	40.53	13
92	G. Murphy	(50)	Les Croupiers Running Club	41.25	12
93	C. Green	(40)	San Domenico Road Runners Club	41.41	11
94	S. Mogford	(23)	Amman Valley Harriers	41.59	10
95	E. Arwyn	(50)	Les Croupiers Running Club	42.36	9
96	S. Hill	(55)	Lliswerry Runners	42.42	8
97	R. Fitzgerald	(60)	Amman Valley Harriers	43.36	7
98	M. Thomson	(50)	Brecon Athletic Club	43.50	6
99	R. Burgess	(40)	Lliswerry Runners	44.30	5
100	A. Butler	(65)	Great Western Runners	44.44	4