

INGLI RUNNERS

R.N.L.I. 10km Fun Run & Race 2009



Pos	No	First	Name	Club	Time	Cat	Age
1	33	LEE	LADD	CARMARTHEN HARRIERS	00:33:38	OM	21
2	39	GLYN	PRICE	SARN HELEN	00:34:16	M40	42
3	41	MICHAEL	DAVIES	SARN HELEN	00:35:24	M40	40
4	55	KEVIN	SMITH	SWINDON HARRIERS	00:37:07	M40	40
5	63	JOHN	MORRIS	AMMAN VALLEY HARRIERS	00:37:16	OM	28
6	9	STEVE	OUSELEY	INGLI RUNNERS	00:37:24	OM	35
7	12	LEE	MORRIS	NONE	00:37:30	OM	28
8	58	GARETH	ELLIOTT	PEMBS HARRIERS	00:38:02	OM	27
9	25	ANDREW	DAWE	PEMBS HARRIERS	00:38:12	M40	42
10	89	ALEX	WILLIAMS	INGLI RUNNERS	00:38:36	M40	42
11	14	GWION	SCHIAVONE	NONE	00:38:45	OM	21
12	87	RUYD	VD MEULEN	HEIWEG	00:39:16	OM	33
13	61	MARTIN	DAVIES	TROTS	00:40:10	OM	27
14	69	NATHAN	HART	NONE	00:40:16	OM	20
15	70	RHODRI	EVANS	PONTYPRIDD ROADENTS	00:40:24	OM	33
16	68	KAT	STEED	PEMBS HARRIERS	00:40:44	OF	32
17	78	SIMON	HALL	SARN HELEN	00:40:55	OM	29
18	42	KEV	JOYCE	PEMBS HARRIERS	00:40:56	M40	44
19	77	TONY	HALL	SARN HELEN	00:40:58	M50	54
20	45	ANA	LYNCH	PEMBS HARRIERS	00:41:20	F35	36
21	23	DANNY	FEGAN	ST HELENS STRIDERS	00:41:26	M40	43
22	15	ROB	WILLIAMS	INGLI RUNNERS	00:41:27	M40	43
23	34	LEO	NATHAN	NONE	00:42:04	OM	30
24	35	SIOBHAN	EVANS	INGLI RUNNERS	00:42:06	OF	28
25	22	PAUL	EDWARDS	PEMBS HARRIERS	00:42:11	M50	50
26	30	JAMES	WILDE	NONE	00:42:13	OM	35
27	62	DAVE	GRIFFITHS	TROTS	00:42:17	M40	46
28	16	PAUL	ROSE	ABERYSTWYTH	00:42:17	M40	45
29	40	MARK	PRESTON	NONE	00:42:34	M40	45
30	67	TIM	JOHN	NONE	00:42:45	OM	36
31	17	CHRIS	SEXTON	INGLI RUNNERS	00:42:50	M40	45

32	57	PAUL	PADGET	INGLI RUNNERS	00:42:54	M50	54
33	79	DEE	JOLLY	SARN HELEN	00:42:59	OF	22
34	4	DAWN	KENWRIGHT	SARN HELEN	00:43:02	F45	53
35	53	STEPHEN	JONES	NONE	00:43:02	M40	45
36	44	DAVID	ROBERTS	PEMBS HARRIERS	00:43:08	OM	39
37	49	MIKE	PREDDY	NONE	00:43:14	OM	28
38	82	BARRY	OWEN	NONE	00:44:07	OM	34
39	76	CELIA	WHITE	INGLI RUNNERS	00:44:16	F35	43
40	75	CLAIR	DAVIES	NONE	00:44:22	F35	39
41	8	BETHAN	OUSELEY	INGLI RUNNERS	00:44:49	OF	32
42	18	PIETRO	DINMORE	FIDAL LAZIO	00:45:13	YTM	14
43	1	ROLAND	SHERWOOD	AMMAN VALLEY HARRIERS	00:45:17	M60	64
44	71	ROBERT	FORD	PONTYPRIDD ROADENTS	00:45:30	M50	56
45	29	JILL	WILLCOX	INGLI RUNNERS	00:45:56	F35	37
46	64	TRISTRAM	LEWIS	NONE	00:45:58	OM	30
47	50	CHRIS	BIRCH	TROTS	00:46:00	M50	50
48	92	GARETH	JONES	SARN HELEN	00:46:03	M40	43
49	32	JONATHAN	JONES	NONE	00:46:21	OM	39
50	59	DAVID	THOMAS	PEMBS HARRIERS	00:46:56	OM	38
51	48	CHRIS	PREDDY	NONE	00:46:58	OM	30
52	2	HELEN	WALKER	INGLI RUNNERS	00:47:02	F45	53
53	7	BARRIE	CULL	PEMBS HARRIERS	00:47:07	M60	62
54	37	SUE	LLOYD	PEMBS HARRIERS	00:47:24	F45	45
55	91	LYN	REES	SARN HELEN	00:47:29	M50	59
56	66	ANDREW	EDGELL	SARN HELEN	00:47:53	OM	32
57	74	BERWYN	WARLOW	NONE	00:48:13	YTM	15
58	26	SIMON	THOMPSON	NONE	00:48:16	M40	45
59	43	ANDREW	NICHOLAS	NONE	00:48:23	OM	39
60	11	ROBERT	SMITH	PEMBS HARRIERS	00:48:57	M40	48
61	81	KYRA	KIRKHAM	NONE	00:49:02	OF	33
62	80	MIKE	HODGES	TROTS	00:49:40	M50	56
63	27	LORRAINE	COOPEY	NONE	00:50:21	F45	45
64	56	EDDIE	BATEMAN	PEMBS HARRIERS	00:50:48	M50	52
65	13	ANTONI	SCHIAVONE	NONE	00:51:27	M50	58
66	65	MATTHEW	DAVIES	NONE	00:51:39	OM	21
67	60	DANIEL	THOMAS	NONE	00:51:55	YTM	15
68	54	CARYL	DAVIES	SARN HELEN	00:52:00	OF	21
69	93	JAN	JONES	SARN HELEN	00:52:07	F35	44
70	90	IAN	JONES	DUBAI TRI CLUB	00:52:30	M40	45
71	36	CLAIRE	THOMAS	TROTS	00:55:01	OF	27
72	24	MARK	RYAN	SAN DOMENICO	00:55:21	M40	43
73	31	TRACEY	THOMAS	NONE	00:55:46	F35	37
74	10	MICK	WARNER	TRAIL RUNNING ASSOC	00:55:51	M60	64
75	21	PHILLIP	BRITTON	NONE	00:56:29	M40	49
76	6	COLIN	GARDNER	NONE	00:57:20	M60	60
77	46	ELIZABETH	WILLIAMS	NONE	00:57:27	OF	38
78	83	ALISON	GRIFFITHS	PEMBS HARRIERS	00:58:07	F35	40
79	84	MARTIN	DYDE	PEMBS HARRIERS	00:58:07	M50	51
80	19	FRANESCO	DINMORE	NONE	00:58:50	YTM	12
81	28	KATHERINE	HIGGINS	NONE	00:59:16	OF	27
82	85	MARK	LOACH	NONE	00:59:47	M40	45

83	38	JAN	BELL	PEMBS HARRIERS	01:00:54	F55	64
84	86	AGGI	HETTINGA	HEIWEG	01:01:31	OF	33
85	88	EIRIAN	DAVIES	NONE	01:01:47	M50	58
86	20	GUY	DINMORE	NONE	01:03:31	M50	51
87	72	HAULWEN	WARLOW	NONE	01:03:52	F45	46
88	73	LOWRI	WARLOW	NONE	01:03:53	OF	21
89	5	BARBARA	THOMAS	NONE	01:04:26	F55	65
90	52	ELEANOR	KNOWLES	NONE	01:09:11	OF	25
91	47	CLAIRE	THOMAS	NONE	01:09:20	OF	30
92	51	MICHELLE	LLOYD	NONE	01:10:07	OF	34
93	3	ALLEN	WATTS	SARN HELEN	01:23:07	M70	80