

West Glamorgan Cross Country League (1)
Penrhos Community Centre, Ystradgynlais.
Senior Men (approx 5.72 miles)

- 1 Marc Hobbs (MMTG) 33.49
 - 2 Lewys Hobbs (MMTG) 33.50
 - 3 Craig Hopkins (University of Wales Swansea) 33.52
 - 4 Steve Davies (MMTG) 33.53
 - 5 Daniel Thomas (MMTG) 33.58 (U20)
 - 6 Phil Crane (Neath Black Tuesday) 34.37 (V45)
 - 7 Peter Crane (Neath Black Tuesday) 34.41 (V45)
 - 8 Alun Davies (3M's Gorseinon R.R.) 34.42 (V55)
 - 9 Matthew Harvey (Neath Black Tuesday) 35.04
 - 10 Chris Driscoll (Neath Jaguars) 35.21 (U20)
 - 11 Lee Sandham (Neath Black Tuesday) 35.25
 - 12 Andrew Cleverley (Corus) 35.26
 - 13 Andrew Reynolds (Neath Black Tuesday) 35.31
 - 14 Mark Reynolds (Neath Black Tuesday) 35.31
 - 15 Gareth Petts (University of Wales Swansea) 35.41
 - 16 Peter Greenwood (University of Wales Swansea) 35.42
 - 17 Jamie Fenaroli (MMTG) 36.05 (U20)
 - 18 Tim Butt (University of Wales Swansea) 36.24 (U20)
 - 19 Adrian Weaver (Port Talbot Harriers & A.C.) 36.28
 - 20 Adam Marshall (Neath Jaguars) 36.33 (U20)
 - 21 Steve Williams (Neath Black Tuesday) 36.41 (V50)
 - 22 Charles Walsh (Port Talbot Harriers & A.C.) 36.48
 - 23 Jerome Evans (Port Talbot Harriers & A.C.) 36.49 (U20)
 - 24 Jos Jones (Aberystwyth A.C.) 36.53
 - 25 Paul Dyson (University of Wales Swansea) 37.09 (V45)
 - 26 Steve Coupe (Sospan R.R.) 37.10 (V55)
 - 27 Howard Carpenter (Neath Black Tuesday) 37.15 (V50)
 - 28 Steve Ousley (Ingli Runners) 37.16
 - 29 David Crane (Neath Black Tuesday) 37.28 (V45)
 - 30 Daniel Harris (Corus) 37.40
 - 31 Jason Statham (Land Registry) 37.51
 - 32 Chris Fulcher (Port Talbot Harriers Veterans) 38.04 (V40)
 - 33 Neil Davies (Cornelly Striders A.C.) 38.05 (V50)
 - 34 Andrew Thomas (Sospan R.R.) 38.28 (V40)
 - 35 David Rose (Guest) 38.29 (V40)
 - 36 Jon Embling (Corus) 38.34 (V50)
 - 37 Rob Sandles (3M's Gorseinon R.R.) 38.53 (V40)
 - 38 Gareth Ayres (Port Talbot Harriers & A.C.) 39.03
 - 39 James Murphy (Ystradgynlais) 39.04 (V40)
 - 40 Alan Perkins (Port Talbot Harriers Veterans) 39.19 (V55)
 - 41 Dai Davies (Neath Jaguars) 39.29 (V60)
 - 42 John Williams (Neath Black Tuesday) 39.41 (V45)
 - 43 Gary Howe (3M's Gorseinon R.R.) 39.51 (V50)
 - 44 Mike Evans (Neath Black Tuesday) 39.55 (V40)
 - 45 Alun Jones (Team Wecori) 39.56 (V40)
 - 46 Matthew Herbert (Cornelly Striders A.C.) 40.05
 - 47 Steve Walsh (3M's Gorseinon R.R.) 40.12
 - 48 Nigel Fransisco (Team Wecori) 40.15 (V40)
 - 49 Graham Colvin (3M's Gorseinon R.R.) 40.24 (V45)
 - 50 David Oak (Port Talbot Harriers Veterans) 40.32 (V60)
 - 51 David Thomas (3M's Gorseinon R.R.) 40.48
 - 52 Uku Kumari (Swansea Harriers Veterans) 40.49 (V55)
 - 53 Grant Thomas (Team Wecori) 40.56
 - 54 Steve Davies (Corus) 41.07 (V40)
 - 55 Garey Waters (Swansea Harriers Veterans) 41.19 (V55)
 - 56 Dafydd Johnston (Neath Jaguars) 41.21 (U20)
- Position Name Team Time Category

57 Alan Parsons (Team Wecori) 41.24 (V40)
58 Howell Porter (University of Wales Swansea) 41.26 (U20)
59 Richard Jones (Cornelly Striders A.C.) 41.33
60 Andrew Brown (Land Registry) 41.48 (V40)
61 Wayne Frewing (Guest) 41.52 (V45)
62 Graham Vyner (3M's Gorseinon R.R.) 41.52 (V40)
63 Rob Fowler (Amman Valley Harriers) 42.07 (V60)
64 Shaun Broom (Neath Black Tuesday) 42.09
65 Simon Pinner (Team Wecori) 42.34 (V50)
66 Steve Bendle (Swansea Harriers Veterans) 42.53 (V45)
67 John Preston (Corus) 43.05 (V40)
68 Kyle Fulcher (Port Talbot Harriers & A.C.) 43.06 (U20)
69 Paul Lewis (3M's Gorseinon R.R.) 43.13 (V40)
70 John Collins (Swansea Harriers Veterans) 43.35 (V70)
71 Les Chapman (Amman Valley Harriers) 43.44 (V60)
72 Alan Jones (Guest) 44.05 (V55)
73 James Marks (Cornelly Striders A.C.) 44.23 (V50)
74 Anthony Kavanagh (Guest) 45.08 (V55)
75 John Poston (Corus) 45.29 (V60)
76 Owen Morgan (Neath Jaguars) 45.53 (U20)
77 Ray James (Port Talbot Harriers Veterans) 46.26 (V45)
78 Chris Bowen (Neath Black Tuesday) 46.31 (V40)
79 Bob Gardner (Team Wecori) 46.38 (V45)
80 James Thomas (Guest) 47.09 (V45)
81 Keith Treharne (Guest) 47.41 (V60)
82 John Davies (Port Talbot Harriers Veterans) 48.53 (V60)
83 Robert Morgan (Neath Black Tuesday) 49.06 (V45)
84 Ian Swanson (Port Talbot Harriers Veterans) 49.46 (V55)
85 Neil Samuel (Corus) 49.53 (V55)
86 Richard Donne (3M's Gorseinon R.R.) 50.38 (V45)
87 Colin Anthony (Port Talbot Harriers Veterans) 51.06 (V60)
88 Alan Roberts (Port Talbot Harriers Veterans) 51.52 (V50)
89 Leighton Jones (3M's Gorseinon R.R.) 52.14 (V60)
90 Ken Davies (Team Wecori) 52.33 (V45)
91 Ernie James (3M's Gorseinon R.R.) 52.52 (V60)
92 Henry Hayward (3M's Gorseinon R.R.) 54.12 (V50)
93 Mark Jones (Team Wecori) 58.23 (V40)
94 Started

Mens Match Result

1 MMTG 416
2 Neath Black Tuesday 399
3 Univ of Wales Swansea 368
4 Port Talbot Harriers & A.C. 278
5 3M's Gorseinon R.R. 265
6 Corus 250
7 Neath Jaguars 248
8 Team Wecori 184
9 Port Talbot Harriers Veterans 176
10 Cornelly Striders A.C. 150
11 Swansea Harriers Veterans 119
12 Sospan R.R. 118
13 Land Registry 88
14 Aberystwyth 65
15 Inqli Runners 61
16 Ystradgynlais 51
17 Amman Valley Harriers 48

Senior Ladies (approx 4 miles)

1 Leah Dixon (Neath Harriers) 24.05 (U20)

2 Jade Williams (Amman Valley Harriers) 24.36 (U20)
3 Helen Marshall (Aberystwyth A.C.) 26.09
4 Francis Gill (Neath Harriers) 26.37 (F45)
5 Sandra Pinkham (Port Talbot Harriers & A.C.) 26.43 (F40)
6 Ingrid Taylor (3M's Gorseinon R.R.) 27.41 (F35)
7 Carol Moseley (Port Talbot Harriers & A.C.) 27.47
8 Andrea Starritt (Guest) 29.13 (F40)
9 Eryllois Davies (Team Wecori) 29.38
10 Sian Phillips (Swansea Harriers A.C.) 29.42 (F40)
11 Michelle Witham (Swansea Harriers A.C.) 29.47
12 Louise Miskell (3M's Gorseinon R.R.) 30.35 (F35)
13 Judith Oakley (Port Talbot Harriers & A.C.) 30.47 (F40)
14 Caroline Sandles (3M's Gorseinon R.R.) 31.02 (F40)
15 Eleanor Grey (University of Wales Swansea) 31.15
16 Pauline Williams (Port Talbot Harriers & A.C.) 33.51 (F45)
17 Anna Tobin (Corus) 34.46 (F40)
18 Cath Hather (Guest) 35.21 (F40)
19 Shirley Davies (Corus) 36.29 (F45)
20 Patricia Jones (Guest) 36.43 (F50)
21 Julie Samuel (Corus) 37.29 (F40)
22 Arthur Phillips (3M's Gorseinon R.R.) 37.30 (V70)
23 Catherine Richards (Corus) 38.13 (F45)
24 Carys Roderick (Team Wecori) 39.03
25 Lynne Perrott (Team Wecori) 40.48 (F55)
26 Elin Davies (Team Wecori) 40.48 (F40)
27 Shirley Rose (Guest) 43.20 (F40)
28 Christina Bond (Team Wecori) 58.23 (F40)
28 Ran

Ladies Match Result

1 Port Talbot Harriers & A.C. 57
2 Neath Harriers 43
3 3M's Gorseinon R.R. 42
4 Swansea Harriers A.C. 29
5 Corus 26
5 Team Wecori 26
7 Amman Valley Harriers 22
8 Aberystwyth A.C. 21
9 Univ of Wales Swansea 10